

Worksheet for Trauma-Responsive Patient Engagement



Noticing how our roles impact patient interactions is essential for creating authentic and effective relationships with patients. This assessment tool will assist you to **TAKE NOTICE** of patient-provider dynamics in every patient encounter and **TAKE ACTION**. Use the quadrants to guide your observations and organize possible solutions. Continue to the **TAKE NOTICE** section for concrete actions to embed into your practice.

TAKE NOTICE OF THE

INDIVIDUAL

Who is the patient? What makes them unique?

TAKE ACTION BY

- Ask about gender, social, or religious preferences whenever possible.
- Ask about possible privacy considerations, such as a screen, head scarf, or additional sheet.

COMMUNICATION

Who or what is needed to communicate clearly with the patient?

TAKE ACTION BY

- Ensure the patient can communicate in their own language.
- Ensure adequate time for patient questions.
- Notice body language and non-verbal cues.

PLACE

How is the room arranged? Where am I in relation to the patient?

TAKE ACTION BY

- Provide easy access to assistive devices.
- Sit eye level with the patient.
- Check-in with the patient on seating location, and their comfort levels

PLANNING

How can we make the treatment plan effective and relevant?

TAKE ACTION BY

- Assess patient understanding of the WHY for treatment.
- Identify challenges in following treatment.
- Integrate cultural / religious practices.
- Discuss preferences for treatment.