

# Email subject line or newsletter headline: You may now be eligible for free or low-cost health insurance

You may now qualify for free or low-cost health insurance regardless of your immigration status through the state’s MinnesotaCare program. The requirements changed for this free or low-cost health insurance program, and it’s now available to undocumented Minnesota residents for the first time.

MinnesotaCare helps you and your family be your healthiest and protects you from high costs in case of illness or injury. It helps you pay for a broad range of health care services, including preventive care, routine care, specialty care and emergency care, to help you live your life to the fullest. For example, MinnesotaCare helps you pay for:

* Doctor visits
* Mental and behavioral health care
* Medicine and prescription drugs
* Medical supplies
* Dental care
* Eye exams and eyeglasses
* Translations and interpreters
* Ambulance services
* Emergency care
* Pregnancy care and doulas
* Chiropractic medicine
* Acupuncture
* Vaccines and immunizations
* Wellness checkups

You should apply for MinnesotaCare if you:

* Live in Minnesota
* Lack other affordable health insurance options
* Meet income limits.

**Annual income limits for MinnesotaCare**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Household size | 1 person | 2 people | 3 people | 4 people | 5 people | 6 people | 7 people | 8 people |
| Annual income equal to or less than | $30,120 | $40,880 | $51,640 | $62,400 | $73,160 | $83,920 | $94,680 | $105,440 |

You can apply for the program at any time, however the earlier you apply, the sooner you and your family may get insurance. There is no deadline to apply.

Insurance is complicated. Help is available to walk you through the whole process of applying for MinnesotaCare. Connect with [CHOOSE ONE: us – OR -- a trusted community partner] for free help. [CHOOSE ONE: Insert organization’s phone number and/or email address – OR -- Find a navigator who speaks your language at [**mnsure.org/free-help**](https://www.mnsure.org/help/find-assister/find-assister.jsp).]

Learn more about MinnesotaCare at [mn.gov/dhs/minnesotacare](https://mn.gov/dhs/minnesotacare/).