



Moving to Trauma-Responsive Care



About the Growing In Responsive Care (GIRC) Training

Trauma-responsive care goes beyond knowledge; it is an active, systematic approach that anticipates patient, client, and community member needs and builds a supportive path forward. It transforms healthcare and community settings by addressing power imbalances and fostering cultural safety.

The GIRC training is an eight-module, on-demand series focused on integrating trauma and cultural considerations into professional practice.

“The pace of the modules, the content, the supported materials, and the evaluation/practice piece in module 8 were so well done. I will be incorporating these practices in my professional AND personal practice.”



GIRC Pilot Partner Site

- ✓ 94% of providers reported improved patient engagement practices.
- ✓ 81% of participants expressed high satisfaction with the training content.



Culturally Relevant

- Culturally relevant training highlighting Latino, Hmong, and Somali communities.
- Improved support for Minnesota’s vulnerable and marginalized populations.



Psychosocial Support

Timely psychosocial support for frontline healthcare workers.



Practical Tools

Immediate practical tools for self-regulation and contextual interviewing.

Ready to move from trauma-informed to trauma-responsive in your practice? Visit the Growing in Responsive Care (GIRC) website to learn more.



<https://mn.gov/dhs/growing-in-responsive-care/>

More Info:

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