



SUD Community of Practice

December 17, 2025

Virtual



Agenda

- 1 Welcome and introductions
- 2 Icebreaker
- 3 Leadership Committee
Member Introductions
- 4 CoP Vision & Community
Agreements
- 5 Quarterly Topics Approach
- 6 Small group discussion &
report back
- 7 Wrap Up and Next Steps

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Welcome to the Substance Use Disorder Community of Practice

The Community of Practice (CoP) is a network built on the SUD community to accelerate learning and improve outcomes statewide.

At these monthly meetings, you can expect to:

- **Be in the know.** Learn about emerging practices and policies.
- **Build together.** Collaborate with peers across the SUD continuum to share knowledge and resolve problems together.
- **Add the voice of experience.** Hear from and share lived experience to guide practice.



Substance Use Disorder Community of Practice

254B.151 Substance Use Disorder Community of Practice

“...The purposes of the Substance Use Disorder Community of Practice are to improve treatment outcomes for individuals with substance use disorders and reduce disparities by using evidence-based best practices and using peer-to-peer and person-to-provider sharing.”

People:

- Treatment providers
- Recovery care organizations
- County social services
- Tribal nations or social services

Departments of:

- Health
- Human Services
- Corrections
- Managed care organizations
- People with lived experience

Duties:

- Identify gaps
- Enhance collective knowledge
- Understand best practices
- Develop strategic plans to improve outcomes
- Increase knowledge about challenges and opportunities
- Develop capacity for advocacy

Lived/living SUD experience stipend request

Eligibility requirements:

1. **Participate in today's CoP meeting.**
2. **Are not getting paid to be here by an employer.**
3. **Have lived/living SUD experience.**

Link will be available in the chat near the conclusion of today's meeting.

For questions, contact: SUD.CoP@SDKStrategicservices.com



Icebreaker

Tell a short story about a time when connection, support, or collaboration made a difference in your work or recovery. What does it say about what we need more of in the SUD system?



Leadership Committee Introductions

Leadership Committee

- Alex Blonigen – Anoka County
- Katie Blue – Recovery Community Network
- Farhia Budul – Niyyah Recovery
- Zhawin Gonzalez – Minnesota Indian Women’s Resource Center
- Megan Harms – Woodland Centers
- Jessica Hart – Heritage Treatment
- Nicole Helmberger – Hennepin Health
- Julie Hooker – Parity Wellness
- Yussuf Shafie – Alliance Wellness Center

Agency Representatives

- Andrea Suker (SUD CoP Project Manager) – Department of Human Services
- Amy Anderson – Department of Human Services
- Hannah Burton – Department of Children, Youth, and Families
- Kari Gloppen – Department of Health
- Naomi Ochsendorf – Department of Human Services (DCT)
- Lauren Webber – Department of Corrections
- Brian Zirbes – MARRCH





SUD CoP Vision & Community Agreements

Foundations For Relaunching C.o.P.

Leadership Committee

(Work Guided by Members)

Vision

(Shared North Star)

Community Agreements

*(How we'll act
together to achieve
the vision)*

Quarterly Topics

*(Give focus for depth
and discussion)*



Vision:

*C.o.P. for Substance Use Disorder
improves care for clients and professionals by
creating connections that shape an effective
system to help people served achieve lasting
recovery, health and wellbeing.*



Community Agreements

1. Our Work Begins with Care



Our care for others brings us to the work of SUD treatment.



Our care for people living with SUD, and their families and communities, anchors every conversation and decision.



We take care of ourselves so we can show up for each other.

2. Lean into complexity.



We honor different contexts and bring a problem-solving mindset and collaborative spirit to the CoP.

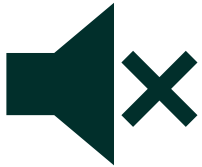


We build the future practice of SUD treatment by connecting people, stories, and systems.



Creating new systems and ways of working will require everyone to think and do differently at different times.

3. Respect Confidentiality



We share stories and examples in ways that protect the identities and dignity of clients, colleagues, and communities.



We carry insights and lessons forward instead of names and personal details.

Community Agreements:

4. Everyone is accountable. Everyone matters.



Every person is valuable and worthy of dignity and respect.



Our fates – and the fates of those we serve – are tied to our shared success.

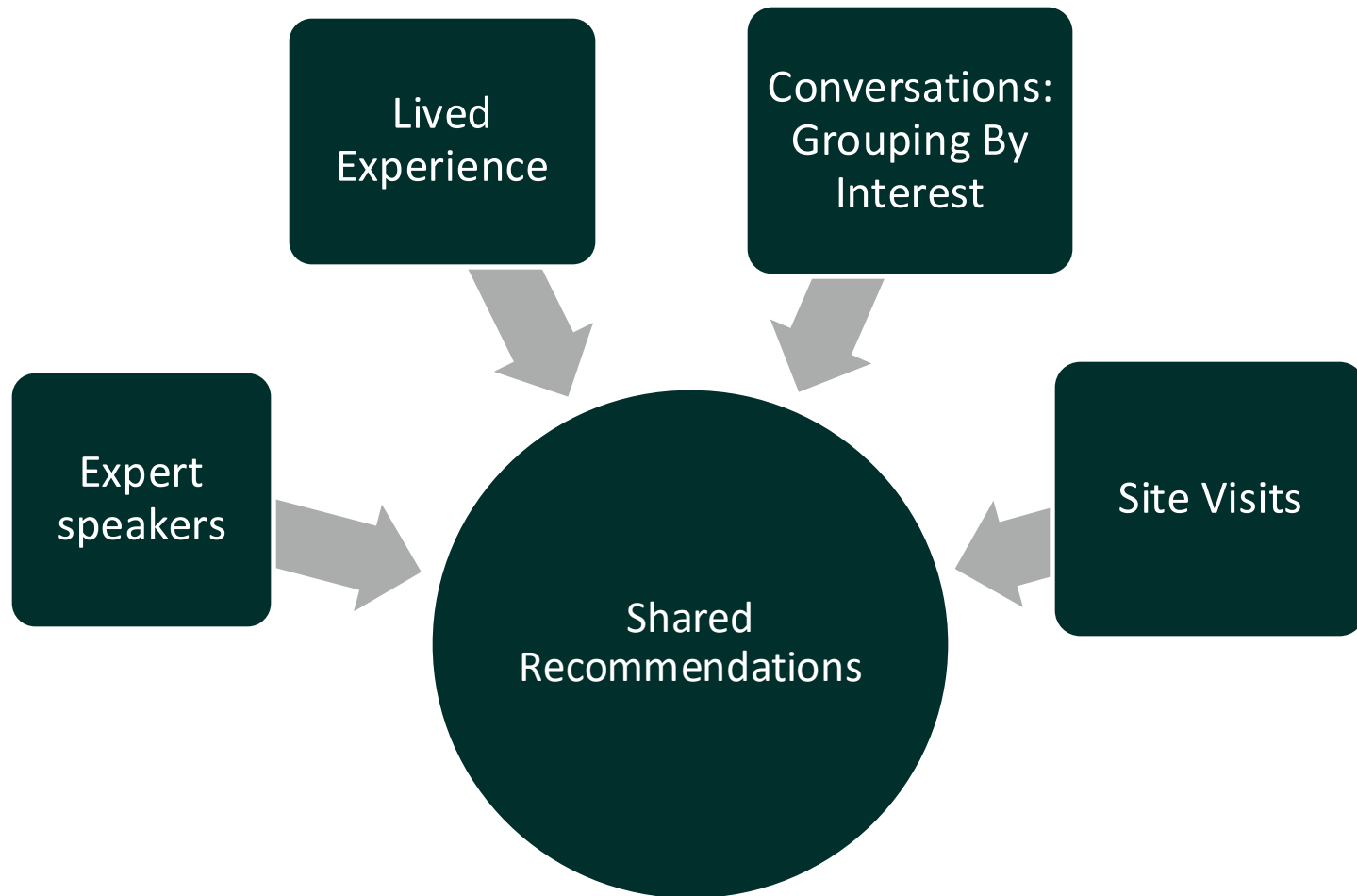


Each person is accountable for their words, actions, and choices.



We share stories and examples in ways that protect the identities and dignity of clients, colleagues, and communities.

Quarterly Topics Approach



Looking to 2026

Quarter 1: Managing SUD Across Lived Experiences

Lived Experience Perspectives:

- African American
- Native American
- Rural
- Youth
- Women
- And other perspectives

Exploring Questions Like:

- How can we map the SUD ecosystem?
- How is the experience different across perspectives?
- How can these lessons inform recommendations?

Looking to 2026

Other Topics for Q2 – Q4 2026

ASAM + Person-
Centered Care

Co-Occurring
Disorders +
Care Coordination

Pregnancy,
Children +
Families

Justice-Involved
Continuum +
Reentry

SUD Workforce
and Burnout

Change
Management

Harm Reduction

Anything else?





Small Group Discussions

GroupMap

maps.groupmap.com/maps/p5NzAZ67J6Za/participants/TDQU9PG5Mg0X?accessKey=F106epaS3wK9VFcPVzw0BLKafsdhUN66

Finish update


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Welcome

Breakout Room #10 - CoP Nov 2025

OBJECTIVES
Discussion questions for breakout rooms.

CREATED BY ANONYMOUS 7 DAYS AGO


This map is fully anonymous
Facilitators will see who has joined, but cannot identify individual contributions

OK



GroupMap

Form

Minnesota Substance Use Dis

Form

Form

Breakout Room #10 - CoP No

maps.groupmap.com/maps/p5NzAZ67J6Za/participants/TDQU9PG5Mg0X?accessKey=F1O6epaS3wK9VFcPVzw0BLKafsdhUN66

Finish update

Brainstorm → Results

Breakout Room #10 - CoP Nov 2025

CHAT PARTICIPANTS 2/201

Brainstorm

Discuss each question openly and honestly. Choose a designated note taker to type responses under each question.

Everyone can add Brainstorming collaboratively

<div>What is your name and organization you represent? :</div> <div>+</div> <div>1</div>	<div>If the CoP was successful in helping you and your work or recovery related to SUD treatment, what would that look like for you day-to-day? :</div> <div>+</div> <div>2</div>	<div>What expectations would you like to see for all CoP participants so that the group effort can achieve success? :</div> <div>+</div> <div>3</div>	<div>Where does coordination break down most often in your work/recovery? What's a no-brainer fix? :</div> <div>+</div> <div>4</div>	<div>Tell a short story of a difficult moment in your work/recovery. What's the lesson or takeaway that would be helpful for others to know? :</div> <div>+</div>	<div>Where do you most need new connections to help with your work/recovery (role, area, specialty, etc.), and why? :</div> <div>+</div>
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- **Brief Meeting Evaluation Survey**
- **Lived/living SUD experience stipend request**

Links to each located in the chat.

For questions, contact: **SUD.CoP@SDKStrategicservices.com**



Next MN SUD CoP Meeting:



January 21, 2025
12:00 – 1:30pm
Zoom

RSVP link in the chat

