

STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

February 1st, 2024, 10am-1pm

Attendance (bold = in-person)

Council: **Alison Wolbeck**, Amy Jones, Anna Lynn, **Claudia Daml**, **Dave Lee**, **Eric Grumdahl**, Ellie Miller, Elliot Butay, Jennifer Springer, Mary Kjolsing, Jody Freyholz-London, **Rakesh John**, **Sierra Grandy**, Shanna Langston, Susan Hasti, Britt Olean, Patrick Rhone, Angie Schmitz, Peter Fischer, Triasia Robinson Total = 21 (quorum = 15)

Subcommittee: Alyssa Greene, Bekki Baineau, Danny Porter, **Cici Hughes**, Debra Peterson, Donna Lekander, **Eric Grumdahl**, Erin Marrone, Holly Hanson, Jeff Lind, Jennifer Bertram, Michael Gallagher, Tom Delaney Total = 13

Other attendees: **Sara Nelson**, **Lea Bittner-Eddy**, **Kelly Deering**, **Sam Nord**

Absent: Damir Utrzan, Cynthia Christensen, Beth Prewitt, David Nathan, Eren Sutherland, Jessica Gorneau, Dr. Bravada Garrett-Akinsanya, Addyson Moore, Lisa Hoogheem, Corey Harland, Dave Johnson, Kimberley Stokes, Mandy Goh, Nicole Frethem

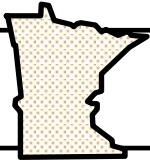
AGENDA

I. Welcome, grounding and housekeeping – Claudia Daml - 12:00 - 12:08 (12:02)

- Please mute yourselves unless speaking
- Use the raise hand feature to indicate a desire to speak; only members of the Council and Subcommittee will speak
- Respectful guidelines reviewed
- Meeting being recorded for notetaking
- Chat is being monitored for questions; you can also raise your hand
- When speaking, please share your name first

II. Land Acknowledgement – Jode Freyholtz-London reads, 12:08 – 12:10 (12:03 – 12:05)

- We, the members of the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, acknowledge that the wealth of this country was built on stolen land and with enslaved and underpaid labor of African American, Native American, and Immigrant people. We acknowledge that the recent global uprising, which was sparked by the murder of George Floyd here in Minnesota, paired with the COVID-19 pandemic, makes for a time of profound uncertainty, shame, fear, and distrust. We also recognize that despite those feelings, we all must actively challenge the impact of our own implicit biases and how they may influence our decisions as individuals and leaders.
- Furthermore, we recognize that racism also expresses itself in policies and practices that either target or erase BIPOC communities and erect barriers to their prosperity. Therefore, we pledge to be vigilant in monitoring the formulation of policies and



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practices that produce harm to vulnerable populations. We also commit to being open to other people's truths as we acknowledge the resilience, creativity and generosity of the human spirit and we hold firmly to a persistence of Hope.

- With these issues in mind, we commit to dismantling systemic and structural racism by initiating and supporting policies, practices, and the allocation of resources that promote diversity, equity, inclusion, and shared power.

III. Member Roll Call via Padlet– Sara Nelson 12:10 – 12:15 (12:06)

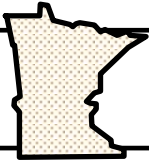
- Use link in chat or QR code at top of slide to sign in
- Can use phone if needed; please reach out to chairs or Sara if you are unable to sign in using Padlet
- For in-person attendees there are bathroom passes
- Add your first and last name, pronouns, whether you are a council or subcommittee member or guest and which work group(s) you are a member of

IV. Legislative Recommendations from Work Groups – Cici Hughes - 12:15-1:00 (12:07)

- No responses from workgroups

V. Review of Proposed Letter- Claudia Daml - 1:00-1:15 (12:08)

- Tenants being discriminated against and evicted for using 911 and emergency calls; if these calls are for mental health assistance, want to ensure no housing discrimination; thought this Council could weigh in on this topic; Claudia drafting letter; has bones of it; hoping Council and Subcommittee can get behind these efforts; is there any discuss or concern on this topic and on moving forward?
- Related bills are SF3979 and HF3917; current proposals on this topic
- Are any members interested in drafting letter with Claudia?
- Damir: would help draft letter; related matter on licensing and use of 911 for behavioral health; current licensing laws require county letters of support for treatment centers; Ramsey and Hennepin are supportive; others fear that 911 will be overutilized;
- Claudia thanks Damir for the offer and input
- Jode: also willing to work on process; infuriating; bill references will be put into chat
- There is another bill protecting tenants rights and is more complex; this is more basic and focus on discriminatory behavior
- Melissa Dau – is also willing to help
- Do not have quorum to vote on this letter
- Workaround ideas?
- Alison is willing to send letter from herself as an individual
- Donna: wonders if Subcommittee could vote
- Susan: Can written permission be given?
- This isn't an option given this group's bylaws
- Urgency on this as it's on the legislative floor right now
- Members can look up bill #s and where the bills are in their process



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- It's disappointing there aren't enough members present to vote on taking a stand on this important issue
- Individual members can certainly send the letter
- We can also consider having a special meeting with one agenda item to vote on this
- Sara will send a Doodle poll for a feasible time
- Claudia has information on a situation in Anoke; says this often impacts vulnerable and BIPOC populations
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VI. Workgroup Meeting Updates – Jode Freyholtz-London- 1:15-1:30 (12:23)

- Family Systems – Anna Lynn – not available; don't think they met this month
- Integrated Care and Access – Mary Kjolsing -
- LAC – Sierra Grandy – new LAC workgroup Chair – group is restarting; only 3 people regularly attend; much work to do; meetings are day before this meeting 3:30 – 4:30; discussed long-term goals to coordinate the LACs; how to propose legislative support for funding of these councils; also want to support LAC through technical assistance and lines of communication; much work is separate from proposing legislative recommendations; new members are welcome; trying to differentiate between LACs that work well and those that are not working well
- MH and Juvenile Justice – Cici – cancelled March's meeting due to presenting recommendations last month
 - Damir talks about outside meeting focused on acute children's residential care; met with Sar who mentioned another workgroup working on something similar (juvenile justice); exploring options for different licensing options for youth crisis facilities; young people end up in justice system rather than in mental health care and services; met to discuss opportunities to work together; Damir may join this workgroup
- MH in Schools – Amy Jones – not in attendance today; members can update; Lisa Hoogheem; discussed recommendations for report; met to discuss licensing requirements for school staff as a requirement; want to include digital wellness as an overall goal as it's important for young people; will have recommendations in next meeting
 - Claudia updates on one of the recommendations this group made in the last recommendation report supported telehealth in schools and it's great to see this is now a live bill;
 - Dan Porter: group shared work being done regarding bill passed in last session for 3rd party billing for school services; this is moving forward; some responses came to DHS from CMS regarding additional language to put in place for this to happen; Eric confirms progress is being made on legislative authority
 - DHE and MDE are pursuing federal school-based grants to expand mental health services together; will be competitive and heavy lift with quick turnaround timeline; could provide helpful resources for schools



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- Outreach to Diverse Communities –Dr. B is not here; Lisa says they had a good meeting with lots of discussion; writing two recommendations and preparing a third; will be ready by March 15th
- Recovery Supports – Angie Schmitz – no major updates; haven't met; struggling for attendees; (angieschmitz19@gmail.com); Jode had planned to attend the last two meetings, which were both cancelled
- MH Awareness at State Fair – Dave Lee – meet 2pm day before this meeting; 171 days to MH Awareness Day at State Fair; working on website for event; NAMI very helpful; mentalhealthatthefair.org; 35 applications received for acts wanting to participate; partner with American Indian Mental Health Adv Council for opening and Closing ceremonies; have Mississippi Ojibwe will close event at 4:30; have recommendations for opening act;
 - Need original art (\$250) for artwork for t-shirts
 - Looking at increase in volunteers 5-8am and from 4:30 – 6:30 to help set up; anticipate 50 exhibitors; if you know of a MH org in MN that are interested, send them to the website; email Dave with questions
- Logistics Workgroup – still trying to get this workgroup going; short-term to help with some workload; website design; 365 access and bylaws review
- Claudia reminds that 4 groups will present recommendations in April's meeting

VII. State Agency Updates – Cici Hughes- 1:30 – 1:40

- Shanna Langston or Holly Hanson – DOC – Holly stepped away;
- Eric Grumdahl – DHS – touching on schools social work plan amendment; BH Div team and agency finding much activity on mental health; busy time for everyone; thanks everyone for the connection and efforts;
- Tom Delaney – MDE – cites partnership with DHS that Eric previous mentioned; state progress on mental health supports for schools; meeting with stakeholders 3-4 times per month to get input on process; CMS grant opportunity; giving support to those wanting to see more supports in schools; federal grant dollars would be great and to have a federal relationship; tracking legislation and responding as it initiated through committees; provide support to bills that align with MDE priorities; may also meet with Bill authors to help with technical assistance and general support needs
- Anna Lynn or Alyssa Greene – MDH – not in attendance
- DEED – Claire Courtney – no updates
- Others - none

VIII. Updates from Members – Lisa Hoogheem- 1:40 – 1:50 (12:53)

- Sierra Grandy – for justice workgroup; may be beneficial to look at Jarvis orders that mandate ECT for people in the justice system; can be helpful, but can result in memory loss; she has personal experience of this and concern; wonder if this is the right place to bring up this issue
- Wellness in the Woods will hold a virtual day on the hill for peer support; people can register to participate; last year got 13; hoping to hear from those with lived experiences; 9-5; will connect with legislators; registration link on website



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- Sierra Grandy – sitting on panel at Diana E Murphy courthouse March 19 (link in chat); unfinished journey for civil rights and development disabilities; 3-day event with lawyers and addressing the judicial system and legal professionals with disabilities to join profession
- Dave Lee: mental health court training – free – put on by South St Louis County Health Court – May 7-9; 3 different speakers; good opportunity as few training opportunities are nation-wide
- MN Assn for Play Therapists had yearly training on trauma April 5th; Sara can send out info;
- March conf 11-12 Brainerd; MN Assn of Recovery Resources for Chemical Health

IX. Membership and DHS Updates – Sara Nelson- 1:50 – 1:55 (1:02)

- Claudia and Sara met with Gov Office on two groups of new members
- 8 to be appointed shortly
- If you are in a position currently and did not reapply, you'll get a letter thanking you for your term
- For those who reapplied, will receive documentation in next two weeks; leadership will then let new members know about orientation session
- Members who haven't joined a workgroup, reach out to Sara or any chairs to get connected with a workgroup
- Invoices: must be for separate dates and each individual invoice per one email for ease of tracking; contact Sara with questions about paperwork, W9s, etc.
- If a term expires but no one has been reappointed, person can stay in role July 1st, at which time a new term will start

X. Closing and Adjourn – Claudia Daml- 1:55 - 2:00 (1:05)

- Unfortunate we didn't get quorum
- This new meeting space was handy for capital access; Claudia was pleased with the location
- Next month will be split meeting; Subcommittee meets first then Council meets; all members are welcome to attend both meetings; will be information around meeting specifics in email soon
- Check for email on Doodle poll to find time to work on approving letter related to support for anti-housing discrimination for people with mental health conditions

Thank You!

The next State Advisory Council and Subcommittee on Children's Mental Health is a split meeting and will be held April 4th, 2024, 9:00 – 1:00pm. The Subcommittee will meet from 9am till 11am. The Council will meet from 11am till 1pm. All are encouraged to attend both.



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March meeting minutes and resources from guest speakers will be emailed to members.