

MNbenefits

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What type of assistance would you like to apply for?


Check all that apply.



 **Food (SNAP)**


Money to buy food for you and your family



 **Cash programs**

Programs like GA and MFIP that help families and single adults meet basic needs



 **Child Care Assistance**

Helps pay for childcare while you pursue work

Get started at mnbenefits.mn.gov

Apply for benefits in less than 20 minutes

- Food assistance (SNAP) and housing support
- Cash programs and emergency assistance
- Child care assistance

Contact County or Tribal Nation name at
123-456-7890 or email@address.gov