State Advisory Council on Mental Health

Thursday, May 2nd, 2024, 10am - 1pm

In-Person and Virtual Meeting

Attendance (bold = in-peson)

Council: Alison Wolbeck, Angie Schmitz, Britt Olean, Dave Lee, Claire Courtney, Damir Utrzan (left before voting), Amy Jones, Anna Lynn, Eric Grumdahl, Ellie Miller, Elliot Butay, Jennifer Springer, Jessica Gorneau, Mary Kjolsing, Patrick Rhone, Rod Peterson, Rakesh John, Shanna Langston, Triasia Robinson Total = 16 (quorum = 15)

Subcommittee: Alyssa Greene, Bekki Baineau, Bravada Garrett-Akinsanya, Cici Hughes, Corey Harland, Danny Porter, Dave Johnson, Donna Lekander, Holly Hanson, Jeff Lind, Jennifer Bertram, Lisa Hoogheem, Michael Gallagher, Nicole Frethem, Tom Delaney

Other attendees: Sara Nelson, Lea Bittner-Eddy, Kelly Deering, Mike Reckinger, Sam Nord

Absent: Peter Fischer, Cynthie Christensen, Beth Prewitt, David Nathan, Eren Sutherland, Claudia Daml, Jody Freyholz-London, Sierra Grandy, Susan Hasti, Mandy Goh, Kim Stokes, Erin Marrone, Debra Peterson, Anna Lynn

<u>AGENDA</u>

I. Welcome, Grounding and Housekeeping – Cici Hughes - 10:00 - 10:08 (10:00)

- Welcomes joiners
- Claudia is on vacation and Jode Freyholz-London is unwell and unable to join today
- Today's agenda may need to be flexible to accommodate speakers
- Housekeeping: mute microphone when not speaking to avoid feedback
- Reads respectful meeting guidelines

II. Land Acknowledgement – Cici Requests Member Volunteer, 10:08 – 10:10 (10:03)

- Dave Johnson reads
- We, the members of the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, acknowledge that the wealth of this country was built on stolen land and with enslaved and underpaid labor of African American, Native American, and Immigrant people. We acknowledge that the recent global uprising, which was sparked by the murder of George Floyd here in Minnesota, paired with the COVID-19 pandemic, makes for a time of profound uncertainty, shame, fear, and distrust. We also recognize that despite those feelings, we all must actively challenge the impact of our own implicit biases and how they may influence our decisions as individuals and leaders.
- Furthermore, we recognize that racism also expresses itself in policies and practices that either target or erase BIPOC communities and erect barriers to their prosperity.
 Therefore, we pledge to be vigilant in monitoring the formulation of policies and practices

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that produce harm to vulnerable populations. We also commit to being open to other people's truths as we acknowledge the resilience, creativity and generosity of the human spirit and we hold firmly to a persistence of Hope.

• With these issues in mind, we commit to dismantling systemic and structural racism by initiating and supporting policies, practices, and the allocation of resources that promote diversity, equity, inclusion, and shared power.

III. Member Roll Call via Padlet – Sara Nelson - 10:10 – 10:15 (10:04)

- Use link in chat or QR code at top of slide to sign in
- Can use phone if needed
- Add your first and last name, pronouns, whether you are a council or subcommittee member or guest and which work group(s) you are a member of

IV.Legislative Recommendations from Work Groups – Lisa Hoogheem - 10:15-11:20 (10:06)

- Family Systems and Prevention Anna Lynn
 - No recommendations; hoping to use previous recommendations which were not acted upon and which may still be relevant
 - Cici reminds that June's meeting will be last chance for groups to present
- Recovery Supports Angie Schmitz
 - o Took new position with State and cannot write recommendations due to position
 - Needs help from members/others to write
 - Jode Freyholz-London offered to assist in writing this group's recommendations
 - Mental Health and Schools Amy Jones (is travelling and unable to present)
 - o Calls for other member to present updates
 - Alyssa Greene will present recommendations many come from previous year's recommendations
 - Fully fund per-pupil allocation and solutions to workforce challenges in filling positions
 - o Increase MH licensure requirement for staff including digital MH
 - Include 504 students within EIP reimbursement program
- Outreach to Diverse Communities Dr B
 - Recommendations are not fully organized yet
 - Develop more community support resources among BIPOC populations for MH treatment and issues
 - Outreach plan to make funding accessible to people who've been jailed and have limited support
 - Increased peer support specialists and increase pay in line with other professions and livable wages; especially people of color and for those with diverse linguistic needs
 - Advance the language and increase access to provide \$ to orgs that would train and provide grants for case management (i.e. CEMIG grant)

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- o more cultures provided technical assistance for grant writing
- advancing school link grants with technical assistance including charter schools and carving out for multi-cultural students
- look at CPS and endorse new paradigm with community engagement around future practices
- o reimbursement parity for Medicaid
- DHS requirements to qualify targeted organizations broadening to include more BIPOC organizations
- \circ Dr. B will write up recommendations and appreciates input from members
- If other group's priorities are similar, ensure recommendations are supporting each other
- o Asks members for anything to add or questions around these recommendations
- Reminds members of this group's land acknowledgement declaration and commitment to include BIPOC considerations in every recommendation
- Sara will connect Anna Lynn and Dr. B
- Lisa acknowledges need for workgroups to include diversity in recommendations and thanks Dr. B for challenging group to maintain this focus
- Lisa calls out overlaps between this group's recommendations with other groups and encourages workgroup chairs to reach out to Dr. B to ensure connections are made
- Juvenile Justice and MH Group
 - Recommendations around juvenile competency attainment in MN needing clarity: have made some tweaks to language
 - Worked with Elliot on changes
 - Juvenile competency rule be updated and new process means getting children and family in courts asap, timely access to wraparound services, aligning process with needs of all parties, prioritizing restorative justice approach and increasing lower age of delinquency from 10 to 13
 - Alison asks who is doing assessments for competency?
 - Cici thanks Alison for these good points and agrees there's a lack of guidelines around who does the assessments; agrees a recommendations having more specificity on this included
- Member Corey update on his new company
 - Youth Diversion program called House Raising 10-25 year old apprentice-based education and tailor-made services
 - Case oversight, case management, family assistance and support, apprenticeship experiences in the arts and trades for community connections
 - Addressing many independence topics as well: managing daily life, healthy eating, financial management, etc. as part of apprenticeship
 - Currently in start up phase
 - Looking to take on 5 young people to begin
 - \circ $\,$ Need starting place as there is skepticism in working with a new organization $\,$
 - \circ $\,$ Corey has long experience of creating diversion programs in the counties

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- Check out website
- Questions?
- V. Conversation regarding Governor's budget and Star Tribune editorial Cici 11:20-12:00 (11:23)
 - Kirsten Anderson with Aspire MN providing services to young people regarding MH
 - Aspire focused on billing rates and encouraging media engagement around MH crisis and emphasizing rate structure as solution
 - Launched proposal for legislature
 - Think this crisis is temporary as long as access through workable rates
 - Editorial walks through argument
 - 2023 showed inflation for coming years and proposing rate study
 - Critical access rates of 23.7% for specific providers with specific MH access; was
 passed earlier; this rate was not congruent with MN's typical rates; will sunset over 3
 years; \$25m;
 - Aspire argues need rate structure that works and makes sense to payers
 - Confusion over current rate structure
 - Suggesting initiation of investments to go into this once current rates sunset
 - Editorial suggests there is time in legislature to seek additional investments; remaining engaged in House and Senate bills moving forward and including MH rates; neither is fully baked;
 - Lisa: how can committee support this work? Kirsten: need leadership and Gove, Senate Majority leader and speaker to know of the need for more MH investment; legislature adjourns May 20th; welcomes Council's voices
 - Kirsten will send alerts and updates to Council
 - Members can phone and email local reps to change spending targets
 - Dr. B: some providers make more than she does for same work when she works with diverse and poor people; how is this? Some doctors negotiate rates with insurance companies; mention those receiving services in this work; need to get wealth insurance companies with high deductibles behind this work;
 - Chat: some providers refuse this work
 - Aspire advocates for family-centered MH models including respite for families; are mostly focused on rates; lack of resources
 - These are outpatient Medicaid rates
 - Challenging to get negotiating power
 - Need leadership to advocate wholesale
 - Do other states do this better as an example to call on?
 - Natl Org of States Mtg on Children's MH
 - Most states don't have equivalent systems
 - No one doing this super well
 - Need action taken yesterday; legislation adjourns May 20th
 - Also need to develop Youth Justice Continuum, incarceration of mentally ill young people, etc.

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- Alison: motion to have Chairs write letter expressing Critical Access Rates sunset until equitable and fair rate is set for these services; Dave Lee seconds the motion; add in language to address future rate structure; Mary seconds amendment
 - Cici proposes Subcommittee vote today to add hers and Lisa's name to this letter
- VI. Vote to approve letter in support of Children's Mental Health 12:00 12:15 (11:44)
 - Draft letter to Governor to postpone sunset of funds and work towards MH rate structure equity for future by end of session
 - Asking Subcommittee members to raise their hands (second time because some Council members raised hands) 10
 - Instructs members to put hands down and show of hands if opposed 0
 - Any abstentions?
 - Alyssa Greene as state agency rep will abstain
 - Eric notes this is the same for other state agency
 - Taking Council role call for votes (Kelly from Alliant)
 - Alison Y
 - Amy not here
 - Angela abstain
 - Anna not present
 - Beth not present
 - Britt Y
 - Claire abstain
 - Claudia not present
 - Cynthie not present
 - Damir left the meeting
 - Dave Yee Y
 - David Nathan not present
 - Ellie abstain
 - Elliot Y
 - Eric abstain
 - Jennifer Y
 - Jessica Y
 - Jode not present
 - Mary Y
 - Erin not present
 - Patrick Y
 - Peter not present
 - Rakesh Y
 - Rod Y
 - Shanna abstain
 - Sierra not present
 - Susan not present
 - Triasia Y

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- 11 = majority vote passes
- 5 abstentions
- Cici asks Eric to explain state agency abstentions
 - State agency employees are required to not take positions on legislative positions not consistent with Governor's budget proposal; Governor can't direct state employees to advocate for position; separation of official roles and group responsibilities; similarly, when issues pertain to agency activities, state agencies would refrain from weighing in on recommendations from others in consideration of single hierarchy that reports to Governor; some advisory groups have ex-officio capacity and some have non-voting capacity; want to recognize that current structure has state agency reps as full members who will abstain in such matters; appreciates this is confusing
 - Cici thanks Eric for the explanation
- VII.Updates on Bylaw Work Group Cici Hughes 12:15 12:25 (10:40)
 - Group met to review language
 - Decided that rather than address one amendment at a time, group will convene this summer to review all needed changes and bring back to members for future voting
 - Members agree this is a better approach

VIII. Workgroup Meeting Updates - Cici - 12:25-12:30 (10:32 out of order due to speaker time)

- Family Systems Anna Lynn no further updates
- Integrated Care and Access Mary Kjolsing fine tuned recommendations and will have them submitted soon
- LAC Sierra Grandy (not here) Alison says group is having confusion around links and information to join the meeting; working on recommendations; will be similar to previous recommendations that haven't been addressed
- MH and Juvenile Justice nothing new
- MH in Schools Amy Jones no further comments; (Britt Olean) hoping to give report on teacher relicensing requirements
- Outreach to Diverse Communities will have recommendations in writing to members to review; thanks Lisa for acknowledging this important work
- Recovery Supports Angie Schmitz nothing additional
- MH Awareness at State Fair –Dave Lee in transit Completed 40 exhibitors and in new space in Dan Patch Park; stage and exhibitors list has expanded to include more BIPOC representatives; will be volunteer sign up for set up (5am) and tear down in the afternoon (3:30 – 6:30); need 5 for each; t-shirts will be available in next week; can be picked up day of event or Dave can bring to future meetings; partner with Am Indian MH Advisory Council who help open and close the day with drumming and dancing; August 26th 2024; Sara will Sign Up Genie Link for volunteers
- Logistics Workgroup open for interested members

IX.State Agency Updates - Cici Hughes - 12:30 - 12:40 (10:41)

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- Shanna Langston DOC focused on MMA recommendations; MHU pilot program for county jails and people with serious MH needs can contact DOC for limited spot on pilot starting June 1st for referrals
- Eric Grumdahl DHS Gov Wahls announced Tiki (?) Brown will be first Commissioner to Lead Dept of Children, Youth and Families and will start July 1st; she is an amazing leaders so this is very exciting; legislative session just ending; language in both education and HHS omnibus for clarity around school social work language and Medicaid billing; working on state amendment language;
- Tom Delaney MDE opening applications for 6th cohort o schools in collaborative innovation and improvement network to work on comprehensive MH in schools; working to speed transfer of data and knowledge within networks for better services and including with clinical providers; scaling up innovations in schools; applications online (address in chat); MDE awarded student support pipeline grant to 10 programs (press release link in chat) to increase BIPOC people in school support positions to build representative workforce; MDE will post another RFP for applications for remaining \$400k and will prioritize school nursing and counseling;
- Anna Lynn or Alyssa Greene MDH put out toolkit for May MH month; partnered with U of M to train team in model called COMET to build community connections to support one another; have more than 400 already signed up; building set of tools and curricula to center on mental health; have suicide prevention model and building out promotion of these models; Alyssa shared updates on pediatric health resources; SHIP team working on wellbeing and workplace; have press release about expanding model jail program and 17% of young people have had this traumatic experience; some districts have 25% with self or parent having been incarcerated; Alyssa Greene: pediatric MH access program; MDH collaborated with DHS on early childhood MH collaboration group and brought to local providers with 5 groups running to have local MH supporters feel more supported and having better options for resources, plus building relationships for warm handoffs; starting 2nd cohort in July and presenting at this week's MH conference; contact Alyssa for anyone interested in public MH connections with this programs (check chat)
- DEED Claire Courtney no new updates; May is MH Awareness Month; endorses toolkit from MDH with IPS providers; doesn't look like provider efforts to extend IPS programs will be successful so will take these up again next session; reach out with any questions
- Others none

X. Updates from Members – Lisa - 12:40 – 12:50 (10:57)

- Triasia: she wants to connect with people doing youth MH work; graduated with masters project on black suicide prevention; wants to continue efforts; did focus group and wants to do more to see what's needed to eliminate black suicide
 - Lisa wants to connect and learn more about this and congratulates Triasia on her masters degree

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- Rod: on Natl Assoc of Counties for MH; conference in July; will bring this group's concerns up at this conference; members: let Rod know of hot topics to bring to group; contact in chat; will also bring up in communities meetings prior to the conference
- Mary on Transitions in Care Council which she attends as rep from this Council; have had 4 meetings; time limited; will submit report; beginning to look at data and emergency departments and other spaces; will bring back updates to this group
- Elliot: DOC received technical assistance to restart CIT training for Corrections Officers; scenario-based; CIT steering committee requirement to include advocates on this; current advocate is leaving so they are recruiting more; each prison has steering committee (10); would be on training for prison staff and requirements on MH training; contact Elliot (via chat); Lisa adds personal experience in differences working with CIT trained officers as opposed to those not trained
- Jen Bertram: Henn Co Children's MH Parent Collaborative; doing strategic planning on what to offer parents and community in coming year; focusing on support, education and training; connected with Jode on training; did Magna training;
- Cici thanks group

XI. Membership and DHS Updates – Sara Nelson - 12:50 – 12:55 (11:08)

- Chair of this committee is up as is Lisa's position of Chair of Subcommittee; will send out expectations for these roles; will be vote in June's meeting
- Will also vote on all workgroup recommendations in June's meeting
- Workgroup chairs please get all recommendations to Sara for June's meeting
- Gov's Office was delayed in new member appointments
- Subcommittee is moving forward with their appointments
 - Please watch email for information coming Monday on next steps
- Coming to end of fiscal year so all invoices need to be completed by end of June
- If not participating in workgroup, please reach out to Sara to be connected with workgroup chairs

XII. Closing and Adjourn – Cici Hughes - 12:55 - 1:00 (12:00)

- Workgroups need to present and final recommendations will be voted on in June, otherwise they will not be included in recommendation report to Governor
- Please submit minutes of workgroup meetings to email
- And submit invoices asap before end of fiscal year for payment (end of June)
- Thanks members for being flexible with meeting agenda

Next Steps

What	Who	When

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Chat log:

Mary Eichten 5/2/2024 9:09 AM • I see the slide has a 10am start time instead of 9am, which is what website says. Can I get confirmation that 10am is the start time now?

Sam 5/2/2024 9:20 AM • Good morning, 10am is the official start time. Thank you.

Sara Nelson 5/2/2024 10:01 AM • Please take a moment to sign into the meeting using Padlet. Please include your name, pronouns, whether you are a Council or Subcommittee member or a guest. State Advisory Council on Mental Health and Subcommittee on Children's Mental Health May Meeting Sign In (padlet.com)

Sara Nelson 5/2/2024 10:05 AM • Please take a moment to sign into the meeting using Padlet. Please include your name, pronouns, whether you are a Council or Subcommittee member or a guest. State Advisory Council on Mental Health and Subcommittee on Children's Mental Health May Meeting Sign In (padlet.com)

Anna Lynn 5/2/2024 10:11 AM • Nice work MH and Schools Team!

Jeff 5/2/2024 10:13 AM • I have no audio

Sam 5/2/2024 10:24 AM • Hello Jeff, are you still have audio issues?

Sara Nelson 5/2/2024 10:14 AM • @Jeff Are you able to check if it is on your side?

Sara Nelson 5/2/2024 10:22 AM •

Jen- I saw you had your hand raised. Did you want to add something?

Jeff 5/2/2024 10:24 AM • I have audio now

Sam 5/2/2024 10:24 AM • Sounds great, thank you! Corey Harland 5/2/2024 10:32 AM • https://house-raising.org/

Triasia Yun-Robinson 5/2/2024 10:34 AM •

Dr BraVada can you please send me your email I am interested in joining the diversity workgroup

Rod Peterson 5/2/2024 10:38 AM •

All

What date again

Sara Nelson 5/2/2024 10:38 AM •

Triasia and BraVada I sent an email to connect you. Thanks!

Alison Wolbeck 5/2/2024 10:40 AM • Mental Health Awareness at the MN State Fair, Monday August 26, 2024.

Rod Peterson 5/2/2024 10:41 AM • Dave:

Dave: I am wiilling to help at the fair.

MDE Tom Delaney 5/2/2024 10:50 AM •

1) MDE is opening the application for the 6th cohort of schools in the Collaborative Innovation and Improvement Network for implementation of Comprehensive School Mental Health Systems. CollNs seek to use the experience and skills of all participating teams to speed the transfer of research-informed knowledge to practice by fostering

implementation and improving quality of school mental health across states and districts. CoIIN participants test, implement, refine, and scale up innovative improvements to school mental health quality and sustainability through learning cycles. Application for schools is available online at https://education.mn.gov/MDE/dse/safe/CSMHS/train/. 2) MDE has awarded the student support personnel pipeline grant to 10 programs. Attached is the press release. The intent is to increase the number of BIPOC students at college and university programs for school social work, school psychology, school nursing and school counseling.

MDE will be posting another RFP for the remaining \$400,000 and prioritizing school nursing and school counseling.

MDE Tom Delaney 5/2/2024 10:51 AM • Sorry folks, I don't see an option to attach the MDE press release for student support pipeline grants that I mentioned, but maybe we can get it included in the meeting notes for today. My email is thomas.delaney@state.mn.us. Thank you again!

Anna Lynn 5/2/2024 10:54 AM • I also should mention that MDH launched a new ACE data dashboard. check it out https://www.health.state.mn.us/communities/ace/data/index.html

Anna Lynn 5/2/2024 10:55 AM • Mental Health Toolkit https://www.health.state.mn.us/communities/suicide/documents/mhawarenessmonth.pdf Alyssa Greene, MDH 5/2/2024 10:55 AM • alyssa.greene@state.mn.us Rod Peterson 5/2/2024 11:01 AM • Rodneyrpeterson@gmail.com

Anna Lynn 5/2/2024 11:01 AM • I shared the Expanding Model Jail project news release info with Sara to send out. In the meantime, here is the link to our website. Innovative jail program to support children of incarcerated parents expands - MN Dept. of Health (state.mn.us)

Anna Lynn 5/2/2024 11:03 AM • Here is information about COMET that I mentioned. https://medschool.cuanschutz.edu/family-medicine/research-andinnovation/pbrns/hprn/projects-and-programs/comet (Changing Our Mental and Emotional Trajectory) is a short, two-hour program that teaches simple tools to help someone who is struggling shift their mental health trajectory back to a place of wellness and away from the path toward mental health crisis. COMET[™] helps people take that next step after noticing someone might be struggling. If interested in the training register here: https://umn.qualtrics.com/jfe/form/SV_8oC3D1iMbX9D4nc

Jen Springer 5/2/2024 11:03 AM • I am on NAMI HC and would be interested in this.

Jennifer Bertram 5/2/2024 11:04 AM • The Hennepin County Children's Mental Health Collaborative has a Parent Catalyst Leadership Group and we are recruiting new members to work with us to provide support, education, training, and advocacy on behalf of families and children in Hennepin County. Please spread the word. We are hoping to provide a WRAP training for parents in a few months too; it's a great opportunity to create a self-care plan for caregivers of children with special needs, including mental health. https://hccmhc.com/pclg/

Jen Springer 5/2/2024 11:04 AM • I am on NAMI HC as VP of the board, and also trained in CIT. I'll email you :) Elliot Butay (they/them) 5/2/2024 11:05 AM • ebutay@namimn.org Jennifer Bertram 5/2/2024 11:06 AM • jenniferannbertram@gmail.com

Rod Peterson 5/2/2024 11:20 AM • i needed to use my car internet because I am on the road.

Dr. Damir S. Utrzan 5/2/2024 11:31 AM • I am sorry everyone but I have to leave to address a facility need. It was nice seeing you Kristen!

Jennifer Bertram 5/2/2024 11:34 AM • Another issue really is that there are more and more providers who are choosing not to work with insurance payments at all anymore because it's not worth it to them, and they can find enough affluent people who can pay directly. That's a huge equity issue. Not just with therapists, but also chiropractors and lots of other types of providers, making it even harder for people who rely on MA for payment to get access to care.

Alyssa Greene, MDH 5/2/2024 11:35 AM • This is accurate, Jennifer. It's a huge equity issue.

Jennifer Bertram 5/2/2024 11:41 AM • Given the precarious position of the senate, do you think we have any chance of passage?

Holly Hanson 5/2/2024 11:47 AM • Agreed

Nicole Frethem 5/2/2024 11:48 AM • Can you repeat the resolution?

Triasia Yun-Robinson 5/2/2024 11:48 AM •

Jennifer I agree with what you are saying thank you for saying this

Dr BraVada thank you for stating to raise the issue again about provider equity

Nicole Frethem 5/2/2024 11:49 AM • Thank you

BraVada (Dr. B.) Garrett-Akinsanya 5/2/2024 11:49 AM • My questions are: 1 How do we ALL get access to increased Medicaid reimbursement rates? Also, what about the deductibles from the insurance companies (clients need decreases in their rates for copay, coinsurance and deductibles)?

Elliot Butay (they/them) 5/2/2024 11:53 AM • yes

Patrick Rhone 5/2/2024 11:54 AM • Yes

Unmute not working

Rod Peterson 5/2/2024 11:55 AM • yes

Patrick Rhone 5/2/2024 11:55 AM • FWIW, There may be some Webex issue with the unmute.

Rod Peterson 5/2/2024 11:57 AM • so why have any voting authority for state agency personnel.

Alyssa Greene, MDH 5/2/2024 11:58 AM • Thanks for sharing that complexity!