

Minnesota LTSS Advisory Council

October 2025 Meeting

October 30, 2025

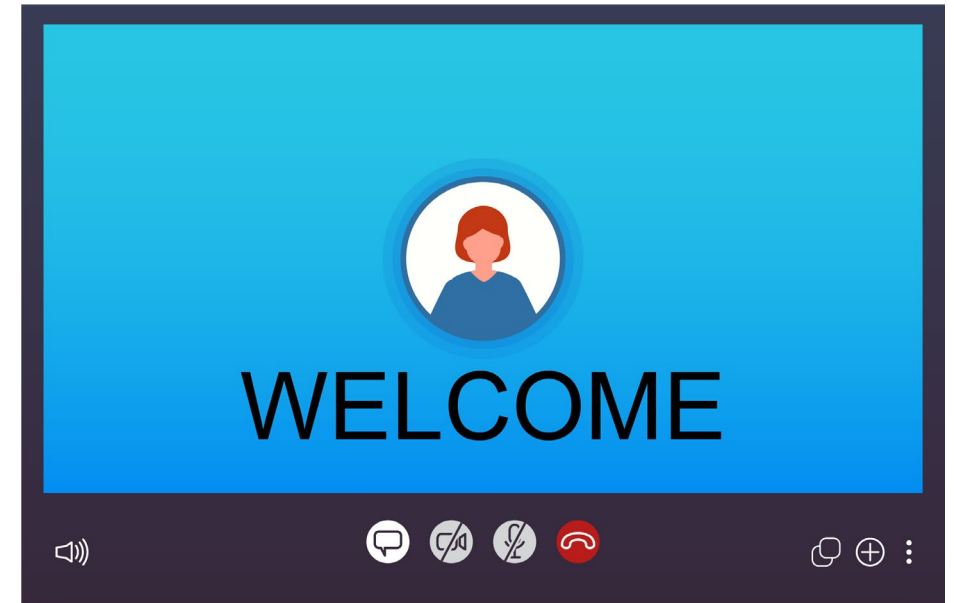
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Welcome, Housekeeping, & Introductions

Welcome to the MN LTSS Advisory Council

Housekeeping

- Meeting is open to the public, both in person & virtually
- Public comment will be included for meetings when Council recommendation decisions are discussed
- Meeting will not be recorded
- Meeting minutes will be taken, distributed to the Council & posted publicly following the meeting
- Be mindful of not sharing personal and/or private health information
- Accessibility and accommodation requests



Introductions

Briefly share:

- Your name & seat/role on Council, organization
- What drew you to apply to be on the Council?



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Agenda Review

Today's Agenda

- Meeting Agreements
- Council Resources
- Council Initial Survey Discussion
- Break
- Charter Development
- Financial Analysis
- Future Meeting Scheduling
- Summary & Next Steps



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Meeting Agreements

Establishing Agreements

- Attend meetings
- Review pre & post meeting materials
- Facilitator send materials timely
- Stay focused- minimize disruptions
- Share your thoughts
- Share the air
- One person speaks at a time
- Assume positive intent
- Attend to impact

Be mindful/respectful of:

- Preferred communication & learning styles
- Everyone's unique perspective and contribution
- Differences in opinions, it's important that we treat each other with respect
- Sharing confidential information

Establishing Agreements (cont'd)

- Stay on topic
- Parking lot for items not on topic
- Follow through on action items you commit to complete
- Seek to understand, ask questions, be curious
- If you disagree with what someone says, remember that they're talking about their own experience
- Define acronyms when used
- Focus on solutions



Council Resources

Supporting Resources

- Board support: Jensina Rosen
- Briefing Document
- [Board/Commission Details](#)
- [Long-Term Services and Supports Advisory Council / Minnesota Department of Human Services](#)
- SharePoint site for Council materials
 - Access steps



Council Initial Meeting Survey

Response Summary Discussion

What is Most Important as the Council Begins Work?

- Put people first
- Do no harm to those who rely on services and LTSS workers
- Preserve access to and choice in LTSS
- Enhance quality of life for LTSS participants
- Ensure stability LTSS
- Focus on charge
- Level setting
- Efficiency, integrity
- Enhanced program design/quality
- Contribute to change/progress
- Data driven, evidence-based
- Fiscally responsible
- LTSS for people living in small towns/rural areas
- Strategies that the legislature will pass

Ideas for Decreasing Spending & Improving Efficiencies

- Reduce administrative burdens
- Streamline processes
- Enhance assessment guidelines
- Leverage technology solutions
- Prevent fraud, waste, and abuse
- Increase quality oversight and compliance
- Value Based- Payments
- Eliminate expensive contracts
- Increase shared staffing options
- Crisis respite
- Alternatives to long-term care facilities
- Leverage list generated by the joint County and DHS working group
- Savings from eliminating HSS
- Refine program structures, consolidate overlapping LTSS

Innovative Approaches in Other States (1 of 2)



Maine:

- \$1,000 to participants for self-care needs; peer run residence program



Vermont:

- Soteria House ([Soteria House - Pathways Vermont](#))



Arizona:

- ALTCS (Arizona Long Term Care System, [ALTCS: Health Insurance for Individuals Who Require Nursing Home or In-Home Care](#))



Wisconsin:

- Family Care (<https://www.dhs.wisconsin.gov/familycare/index.htm>)

States that have regionally or state operated LTSS (as opposed to county)

Innovative Approaches in Other States (2 of 2)



Florida:

- SMMC-LTC (Statewide Medicaid Managed Care Long-Term Care Program, <https://ahca.myflorida.com/medicaid/statewide-medicaid-managed-care/long-term-care-program>)



Texas:

- STAR-PLUS (<https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starplus>)



Washington:

- CFC + Rebalancing (Community First Choice, <https://www.dshs.wa.gov/altsa/stakeholders/community-first-choice-cfc-option>, [LTC-Workforce-Annual-Report-FINAL4-2023.pdf](#))

Largest Hurdle for Council to Overcome

Consensus on committee charge

Working together to achieve goal

Balancing differing needs, perspectives, competing priorities

Looking for new and different solutions

Changing current policies

Ideas may generate long term savings but not meet the savings timeline

How to prioritize high-intensity services

Understanding the real-world impact

Hearing all members' ideas in just 7 meetings

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Break

Break- 10 Minutes



Council Charter Development

The What & Why of a Charter

- Clarifies purpose & direction
- Establishes roles, responsibilities, & scope
- Enhances collaboration and trust
- Supports decision making and processes
- Boosts accountability



Council Charter Components

Purpose

Goal

Impact

Scope

Members/Roles

Responsibilities

Timeline &
Activities

Communication

Supporting
Resources

Purpose & Goal

Purpose

The Long-Term Services and Supports (LTSS) Advisory Council was established by the Minnesota Legislature (2025 1st Special Session, Chapter 9, Article 2, Section 58) to provide recommendations by December 1, 2026, for cost savings amounting to \$177,542,000 for the State Fiscal Year (SFY) 2028-2029 biennium.

Goal

Transforming the LTSS system to reduce cost growth in LTSS, build greater efficiencies into the long-term care services system, and identify ways to promote better outcomes for Minnesotans with long-term care needs.

Impact

Per Legislation

The Legislation states that if the LTSS Advisory Council is unable to identify recommendations meeting the targeted cost-savings amount, then contingent spending reductions will be triggered on July 1, 2027, in the form of reductions to the Competitive Workforce Factor (CWF) and the institution of a county share for residential disability waiver services.

Council Discussion/Addition

- What do council member envision for the impact of this work?
- Some ideas raised in the initial council survey:
- Do no harm to LTSS participants/workers
- Ensure stability of MN's LTSS
- Enhance participant quality of life
- Preserve access to services and choice
- Strategies the legislature can pass

Scope (1 of 3)

The Minnesota LTSS programs for older adults and people with disabilities to be considered for purposes of the Advisory Council recommendations are:

- Alternative Care (AC) waiver
- Community Alternative Care (CAC) waiver
- Community access for Disability Inclusion (CADI) waiver
- Community First Services and Supports (CFSS) and Personal Care Attendant (PCA)
- Developmental Disabilities (DD) waiver
- Elderly Waiver (EW)
- Essential Community Supports (ECS)
- Nursing facility services

Scope (2 of 3)

Approaches to reducing human services expenditures

- Including identifying strategies for addressing the significant cost drivers

Cost-saving reforms

- Licensing requirements, service standards, provider qualifications, and provider duties and responsibilities
- Eligibility requirements for accessing long-term care
- Covered services, service authorizations, service limits, and budget limits
- Rate methodologies, rate enhancements and add-ons, rate exceptions, and rate limits
- Any other cost-saving reforms to medical assistance LTSS

Scope (3 of 3)

Alternative service models to provide LTSS

Strategies to improve administrative efficiencies and improve program simplification

Opportunities for reducing fraud and improving program integrity

Members/Roles & Responsibilities

Members/Roles

Members and roles will be listed in the Charter as listed on the MN LTSS Advisory Council page on the Secretary of States's website, Boards & Commissions:

- <https://commissionsandappointments.sos.mn.gov/Agency/Details/387>

Responsibilities

- Include responsibilities from the “Meeting Agreements” discussion
- Discuss expectations for:
 - Meeting facilitator
 - Board Support/DHS
 - Members
 - PCG analysts

Timeline & Activities

The Council will:

- Meet every other month, October 2025-December 2026, to develop these recommendations for submission to the Legislature
- Review Data and other information needed to understand the current landscape of LTSS utilization and spending in Minnesota
- Provide input on engaging stakeholders through an electronic survey to gather information on Minnesota values, preferences, opinions, and perceptions related to LTSS
- Develop Council subgroups for specific focus areas as needed
- Develop, discuss, and evaluate recommendations

Communication

- Notice of council meetings will be publicly posted three business days in advance of the meeting.
- Council meeting agendas will be sent to the group business two days in advance of meetings.
- Council meeting minutes will be sent to the group 7 business days after meetings.
- Council meetings are open for the public in person and virtually.
- A progress report on the Council activities is due to the legislature March 2025.
- The Council's final recommendation are due in a report to the legislature December 2026.

Resources

- Board support: Jensina Rosen
- Briefing Document
- [Board/Commission Details](#)
- [Long-Term Services and Supports Advisory Council / Minnesota Department of Human Services](#)
- SharePoint site for Council materials
- Discuss other resources the Council needs



Financial Analysis for December Meeting

Financial Analysis

For the December meeting:

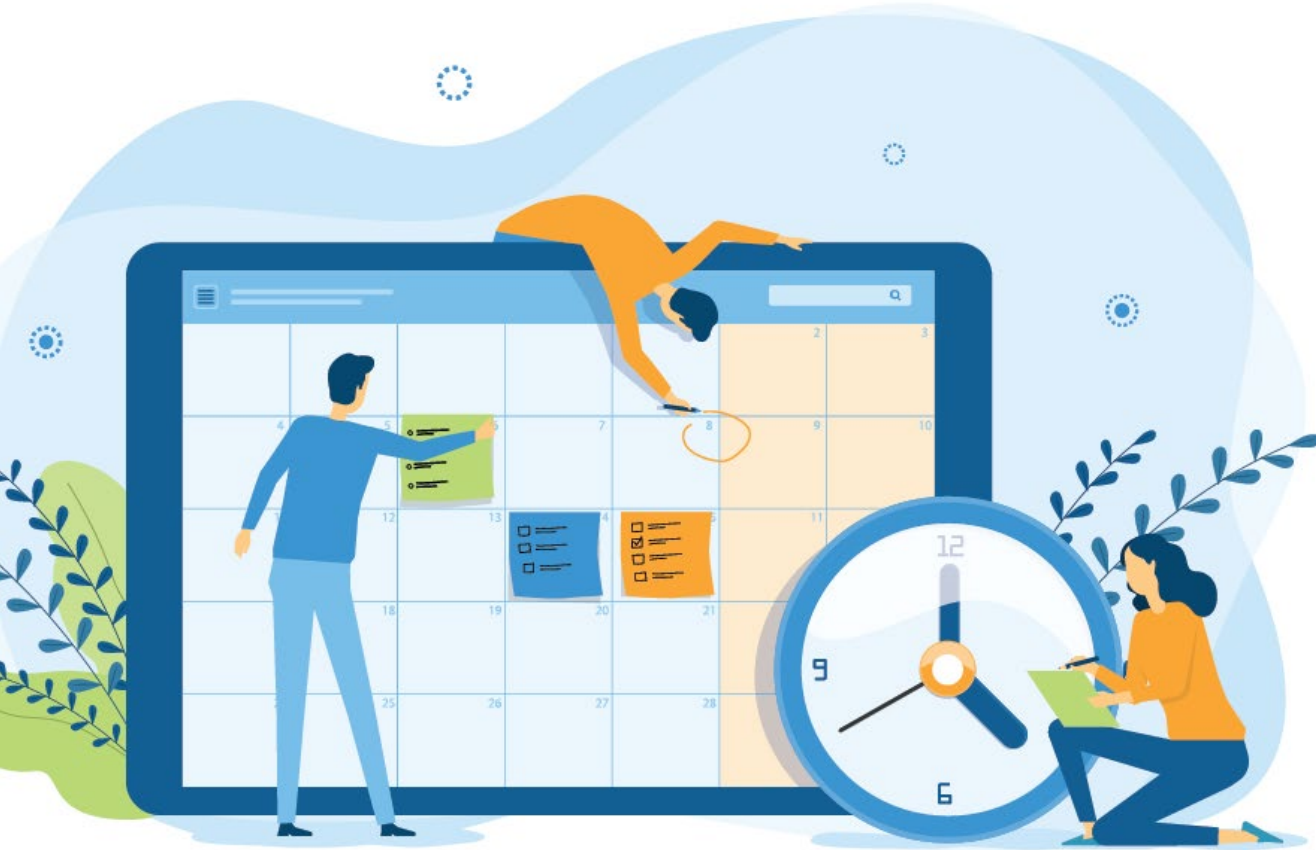
- November 2025 budget forecast

Council discussion:

- What other data would the Council like to review for future meetings?

Future Meeting Scheduling

Meeting Schedule Preferences



Discussion:

- Third or fourth Thursday of the month from 1pm-4pm?
- Adjust for December holiday schedule as needed
- In-person/virtual schedule

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Summary & Next Steps

Meeting Summary, Next Steps

- General questions/comments from Council members
- Recap meeting themes and action item

Contact information:

Board Support: Jensina Rosen, Jensina.E.Rosen@state.mn.us

Council Chair: Colin Stemper, colin.stemper@state.mn.us

Meeting Facilitator: Michele Craig, micraig@pcgus.com



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CONSULTING GROUP

Solutions that Matter