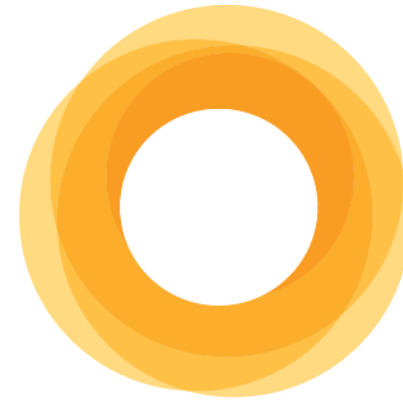


Age & Disabilities ODYSSEY

The webinar will begin shortly, in the meantime check to make sure your audio is connected by listening to the background music





Age & Disabilities

ODYSSEY

2025 Odyssey webinar series:
Exploring the Impact of Aging with HIV:
Resources, Insights and Lifespan Considerations
September 18, 2025

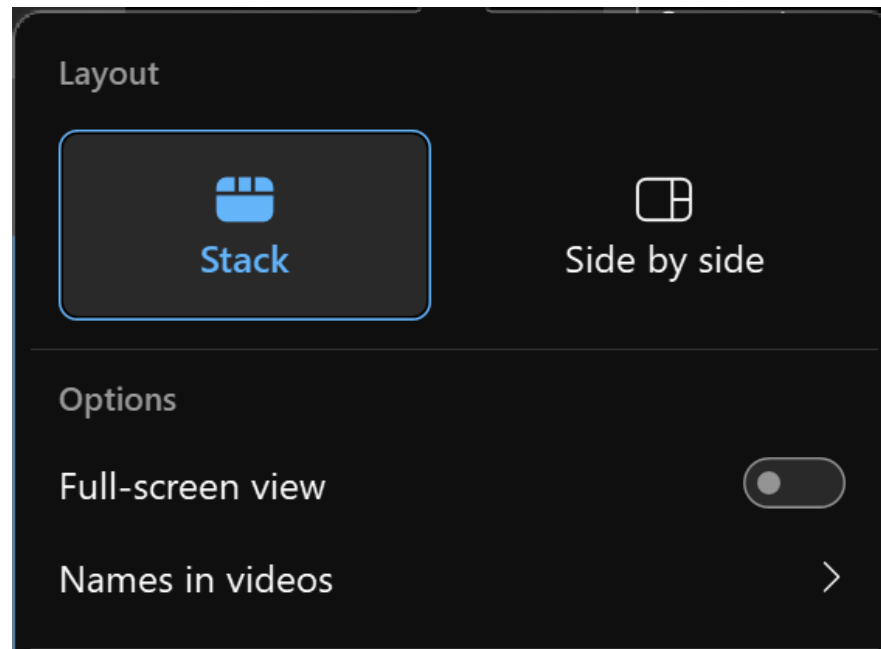
Hosted by the Minnesota Department of Human Services Aging and Adult Services and Disability Services divisions and the Minnesota Board on Aging₂

General information

- **Audience is automatically muted**
- **Q&A function**
 - ▶ All attendees can use
 - ▶ For requests for technical assistance, start your message with "TECH"
- **Accessibility information e-mailed on Tuesday, September 16.**

Change your screen view

Use the “Layout” button near the upper right corner to change your screen view options



General information, continued

Certificates of attendance

- ▶ E-mailed to attendees within a week
- ▶ Continuing education units (CEUs) for today's webinar have been approved by the Minnesota board of social work.

Post-event survey

- ▶ E-mailed within a week

Terri Wilder (she/her/hers)

Terri is the Manager of Health and Economic Security Policy at SAGE. In this role, she develops and advances SAGE's comprehensive health and economic security policy agenda, with a focus on LGBTQ+ older people and older people living with HIV. Her work centers on federal, state, and local administrative and legislative advocacy goals that are both practical and impactful.

Bridgette Picou (she/her/hers)

Bridgette is a licensed vocational and certified AIDS Care Nurse in Palm Springs, California. She works for The Well Project as the stakeholder liaison, representing the interests of women living with and affected by HIV in medical, research, policy, and advocacy spaces. Bridgette is a director at large for ANAC (the Association of Nurses in AIDS Care), and a sitting member of the board of directors for HIV & Aging Research Project-Palm Springs (HARP-PS). Her column in [Positively Aware magazine](#) is her unique and feminine take on life while navigating a positive HIV status and frame of mind. Sitting at the intersections of being Black, a woman, and living with HIV, her goal is to remind people that there are lives being lived behind a three-or four-letter acronym.

Exploring the Impact of Aging with HIV: Resources, Insights, and Lifespan Considerations

Terri L Wilder, MSW

SAGE

September 18, 2025

www.sageusa.org

Learning Objectives

1. **Identify** key demographic trends and epidemiological data related to aging and HIV in the U.S.
2. **Define** common health concerns and unique challenges faced by older people living with HIV.
3. **Describe** available resources, services, and best practices for supporting the health and well-being of people aging with HIV.

sage

Advocacy &
Services for
LGBTQ+ Elders

We refuse to be invisible®

SAGE is the world's largest and oldest organization dedicated to improving the lives of LGBTQ+ elders.

Founded in 1978 and headquartered in New York City, SAGE is a national organization that offers supportive services and consumer resources to LGBTQ+ older people and their caregivers. SAGE also advocates for public policy changes that address the needs of LGBTQ+ elders, including people aging with HIV.

<https://www.sageusa.org/>

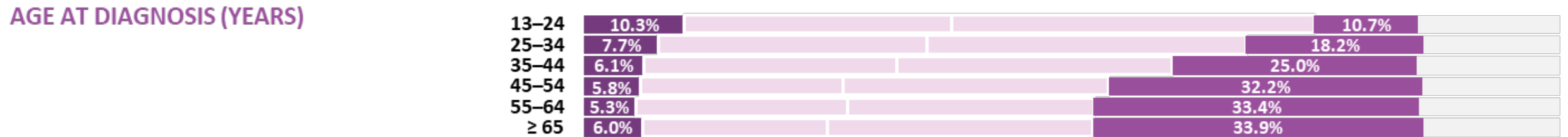


**The number of
older people
with HIV is increasing.**

Key Facts

- Approximately **54% of people living with diagnosed HIV** in the U.S. are aged 50 and older. (2022)
- About **16% of new HIV diagnoses** are among people aged 50+. (2022)
- **Among people aged 65 years and older, 33.9%** of new HIV diagnoses in 2023 were **classified as Stage 3 (AIDS)** at the time of diagnosis, indicating late-stage disease.
- In some parts of the country, by 2030, up to **70% of people living with HIV will be age 50 or older.**

Stage of disease at diagnosis among persons with HIV, by selected characteristics, 2023—United States



Note. Data are presented for persons aged ≥ 13 years at diagnosis. Hispanic/Latino persons can be of any race.

Estimated Number of Persons Living with HIV/AIDS in Minnesota

- As of December 31, 2023 **9,996*** persons are assumed alive and living in Minnesota with HIV/AIDS. This includes:
 - 5,767 (58%) living with HIV (non-AIDS)
 - 4,229 (42%) living with AIDS
- This number includes **2,807** persons who were first reported with HIV or AIDS elsewhere and subsequently moved to Minnesota
- This number excludes **1,822** persons who were first reported with HIV or AIDS in Minnesota and subsequently moved out of state

*This number includes persons with Minnesota reported as their current state of residence, regardless of residence at time of diagnosis. It also includes state prisoners and refugees arriving through the HIV+ Refugee Resettlement Program, as well as HIV+ refugees/immigrants arriving through other programs.

Minnesotans Living with HIV[#] by County of Current Residence, 2023



City of Minneapolis	3,248 (764.1 per 100,000)
City of St. Paul	1,137 (375.0 per 100,000)
Suburban*	3,694 (152.6 per 100,000)
Greater Minnesota	1,903 (88.3 per 100,000)
Total**	9,982 (174.6 per 100,000)

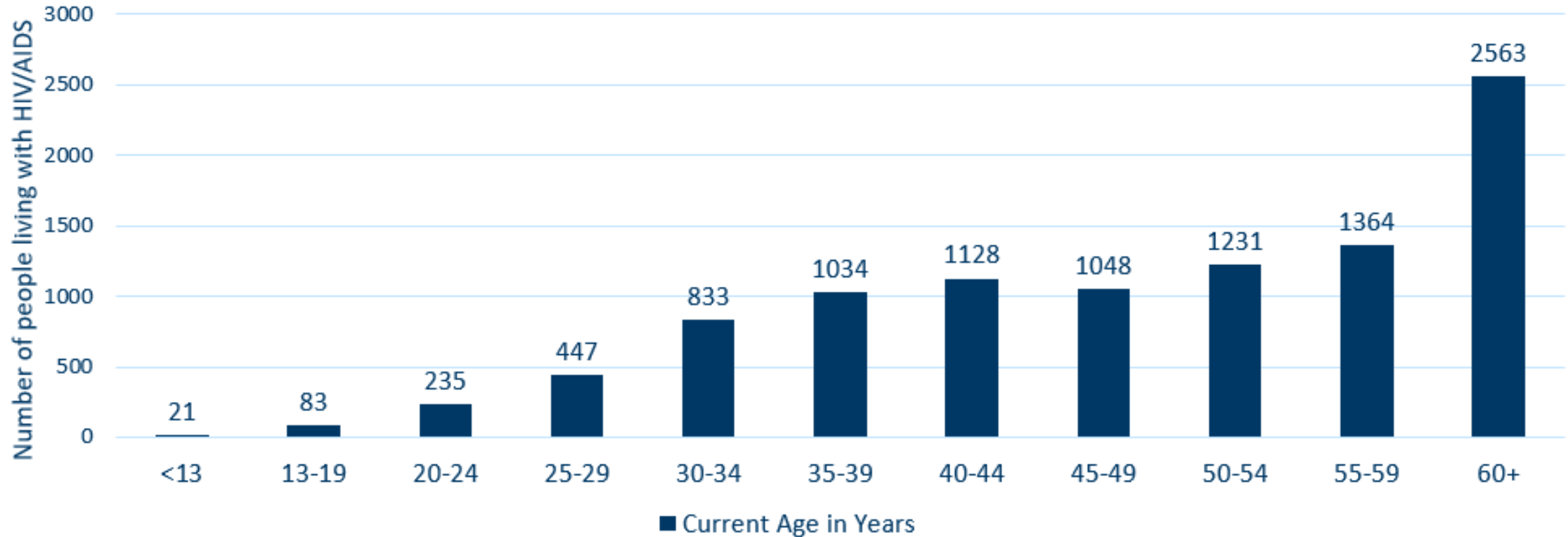
#HIV or AIDS at last medical appointment

*7-county metro area, excluding the cities of Minneapolis and St. Paul

**Residence information is missing for 14 people

Data: [HIV/AIDS Prevalence and Mortality Report 2023 Tables \(PDF\)](#)

Persons Living with HIV/AIDS in Minnesota by Age Group*, 2023



Challenges Faced By Older People with HIV

- Difficulties in accessing and managing comprehensive and integrated health care and social services.
- Need for mental health programs and substance and alcohol use treatment programs.
- Need for housing, food and nutrition, employment, and other socioeconomic support services.
- Need for long-term care and home and community- based services.
- Need for programs that address loneliness and social isolation.
- Need to dismantle stigma and discrimination.

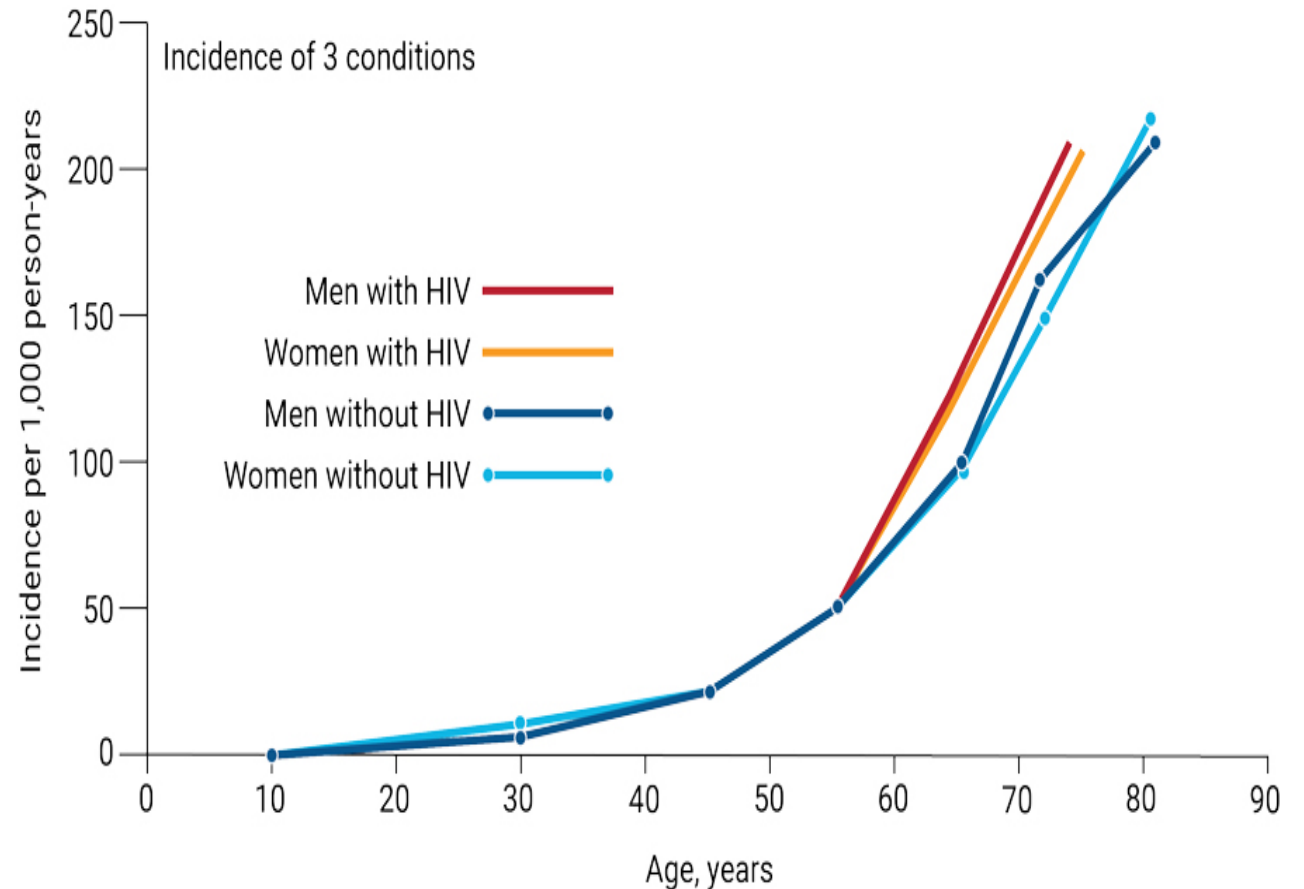
Impact of Aging on People Aging with HIV

HIV may accelerate the aging process

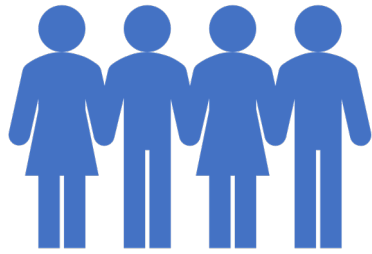
- Effects of chronic inflammation

HIV may increase on-set of age-related health conditions and risk for other chronic health conditions

- Multiple co-morbidities and polypharmacy issues



And.....



More than 80 percent of people living with HIV will have at least one age-related medical.....



condition, such as cancer or heart disease.

Many of the health issues now faced by people with HIV have more to do with aging than with HIV-related illnesses.

Quality of Life is a Priority.

National & Local Resources

- Professional Association of Social Workers in HIV & AIDS
- Association of Nurses in AIDS Care
- The Well Project
- SAGE
- The Reunion Project
- The Body/Body Pro
- NMAC
- Latino Commission on AIDS
- USCHA
- MN: LGBTQ+ and HIV Long Term Care Bill of Rights Coalition
- MN: HIV/Aging Coalition
- MN: Hennepin Health Care Golden Compass Program
- Minnesota Aging Pathways – formerly the Senior LinkAge Line
- AIDSLine - The Aliveness Project – information and referrals for HIV specific services
- HIV / Minnesota Department of Human Services
- Ryan White (HIV) Program, Centralized Eligibility and information to apply for eligibility and services

Best Practices

- Integrate HIV care with existing aging & disability services
- Support medication adherence and regular health monitoring
- Screen for comorbidities common in older people (heart disease, diabetes, bone loss, mental health)
- Promote social connection to reduce isolation
- Provide stigma-free, culturally sensitive care
- Peer services

Importance of MIPA

(Meaningful Involvement of People with HIV/AIDS)

- The Denver Principles
- NIAID HIV Language Guide
- United States People Living with HIV Caucus

Please stay in touch!

Terri L Wilder, MSW

HIV/Aging Policy Advocate

twilder@sageusa.org

Exploring the Impact of Aging with HIV: Resources, Insights, and Lifespan Considerations

Bridgette Picou, LVN, ACLPN

The Well Project
Stakeholder Liaison

September 18, 2025

Please stay in touch!

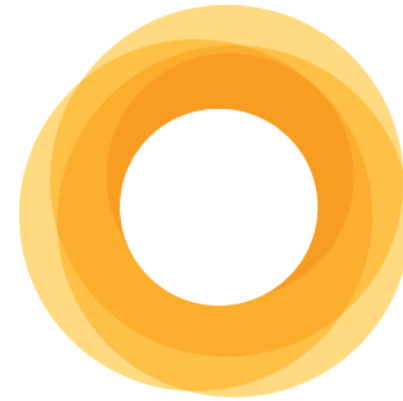
Bridgette Picou, LVN, ACLPN

The Well Project

Stakeholder Liaison

Reminders

- **Post-event survey**
- **Certificates of attendance**
- **E-mail any remaining questions to**
DHS.Odyssey@state.mn.us
- **Stay tuned for our future 2025 Odyssey webinar series events at**
mn.gov/dhs/odyssey/attend/upcoming-odyssey-events



Age & Disabilities ODYSSEY

THANK YOU!

Hosted by the Minnesota Department of Human Services Aging and Adult Services and Disability Services divisions and the Minnesota Board on Aging