

HCBS Final Rule Evidentiary Package

Cornerstone Residence Senior Care



Setting information

Setting name: Cornerstone Residence Senior Care

Street address: 421 6th St NE, Bagley, MN 56621

Phone: 218-694-2378

ID # 1689119943

Setting website, if applicable:

[Cornerstone website](#)

Date of site visit: 6/13/2024

Waiver service type

Waiver	Service type
<input type="checkbox"/> Alternative Care (AC) <input checked="" type="checkbox"/> Elderly Waiver (EW) <input type="checkbox"/> Brain Injury (BI) <input checked="" type="checkbox"/> Community Access for Disability Inclusion (CADI) <input type="checkbox"/> Community Alternative Care (CAC) <input type="checkbox"/> Developmental Disabilities (DD)	Customized living service

Reason for heightened scrutiny

Prong type	Name of institution
Prong 1 Located in a Public or Private Institution	Cornerstone Nursing & Rehab Center

Note: The term people/person (resident for residential settings) refers to people receiving Medicaid HCBS waiver service

General summary

Geographic information:

Cornerstone Residence Senior Care is an assisted living setting located on a continuum of care campus found in a mostly residential area of the town of Bagley MN. The campus is located next to the town's golf course and the Clearwater County fairgrounds. It is also within a mile of the business district of Bagley.

The town of Bagley is located in a rural area of northeast MN. In 3033, the town had a census of 1,307 people and is the county seat of Clearwater County.

Number of people served:

The Cornerstone Residence Senior Care assisted living with memory care is licensed for 22 assisted living beds and 10 assisted living with memory care beds. Ten residents are enrolled in Elderly Waiver and one resident is enrolled in Community Access for Disability Inclusion waiver. The remaining residents are funded through private pay or other funding sources.

Customized living provider standards/qualifications

Licensure requirements and other state regulations for customized living services clearly distinguish these services/settings from institutional licensure or regulations.

Customized Living settings must have an Assisted Living license through the MN Department of Health and meet all of the requirements and standards of the Assisted Living licensure, [Minn. Stat. 144G](#) or meet an exemption under [Mn Statute 256S.20 Subdivision 1](#). Customized Living services provide an individualized package of regularly scheduled health-related and supportive services provided to a person who resides in a qualified setting with an assisted living license.

Customized living service definitions that support the setting requirements

Customized living (CL) and 24-hour CL services include component services designed to meet the person's assessed needs and goals. Individualized CL services may include supervision, home care aide tasks (e.g., assistance with activities of daily living), home health aide task (e.g., delegated nursing tasks), home management tasks, meal preparation and service, socialization,

assisting enrollees with arranging meetings and appointments, assisting with money management, assisting participants with scheduling medical and social services, and arranging for or providing transportation. If socialization is provided, it must be part of the service plan, related to established goals and outcomes and not diversional or recreational in nature.

For more details about the component services, including what is covered and distinctions between each see the following resource on the CBSM:

Link: [Customized living component service definitions and guide for computing time for rate-setting tools.](#)

Minnesota's Community Based Services Manual (CBSM) provides the following requirements for customized living services:

Link: [CBSM: Customized living \(including 24-hour customized living\)](#)

<p style="text-align: center;">HCBS Rule requirement</p>	<p style="text-align: center;">Compliance determination</p>
<p>Interconnectedness between the facility and the setting in question, including administrative or financial interconnectedness, does not exist or is minimal.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> State license requirements: As required under Mn Statute 144G.10, "Each assisted living facility must employ an assisted living director licensed or permitted by the Board of Executives for Long Term Services and Supports." <p>Narrative:</p> <p>Cornerstone Residence Senior Care is located on a continuum of care campus which includes a skilled a nursing facility. The CEO has authority over the skilled nursing facility and the Cornerstone Residence Senior Care building where customized living services are provided. The customized living setting has a designated Licensed Assisted Living Director and an Assisted Living Administrator and Activities Director. The skilled nursing facility also has a separate nursing home administrator.</p>	<p>Compliant</p>

<p>To the extent any facility staff are assigned occasionally or on a limited basis to support or back up the HCBS staff, the facility staff are cross trained to meet the same qualifications as the HCBS staff.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with direct care staff. <input checked="" type="checkbox"/> Review of training policy and procedure(s). <input checked="" type="checkbox"/> State license requirements: As required under Mn Statute 144G.60, “All staff persons providing assisted living services must be trained and competent in the provision of services consistent with current practice standards appropriate to the resident's needs and promote and be trained to support the assisted living bill of rights.” <p>Narrative:</p> <p>Per interviews with the Licensed Assisted Living Director, Assisted Living Administrator and direct care staff, all report that staff hired to work in the skilled nursing facility do not work in the assisted living setting. Cross training is not required as staff do not work in both settings.</p>	<p>Compliant</p>
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<p>Participants in the setting in question do not have to rely primarily on transportation or other services provided by the facility setting to the exclusion of other options.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with direct care staff. <input checked="" type="checkbox"/> Review of transportation policy and procedure(s). <input checked="" type="checkbox"/> State license requirements: As required under Mn Statute 144G.41, “Upon request of the resident, the assisted living must provide direct or reasonable assistance with arranging for transportation to medical and social services appointments, shopping, and other recreation, and provide the name of or other identifying information about the persons responsible for providing this assistance.” <p>Narrative:</p> <p>All residents who live at this setting have access to the same transportation options and are not dependent on the skilled nursing facility for transportation resources. Residents of Cornerstone Residence Senior Care have the option, and frequently use, the Cornerstone bus or the bus system in Bagley. According to interviews with the Licensed Assisted Living Director and an Assisted Living Administrator, residents enrolled in Elderly Waiver receive bus passes from the lead agency case manager to pay for their bus rides to community-based activities identified in the person’s support plan. Up until last month, volunteer drivers were also available through the Tri-Valley Opportunity Council, Inc. However, Cornerstone Residence Senior Care was notified that this option is no longer available due to lack of grant funding. Residents also have family members that frequently provide transportation. Residents are told about these options when they move in and whenever they request assistance with rides. The Licensed Assisted Living Director and the Assisted Living Administrator both assist residents with transportation needs. Direct care staff also reported they assist residents to arrange transportation also.</p>	<p>Compliant</p>
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<p>The setting provides HCBS services in a space that is distinct from the space that institutional services are provided.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Observation of the distinction of the separate spaces. <input checked="" type="checkbox"/> Aerial photo and/or photos identifying the separation of settings. <p>Narrative:</p> <p>Cornerstone Residence Senior Care provides customized living services in a building that is separate from the building used by the skilled nursing facility. However, the two buildings are connected by a lengthy hallway that has keyed access only. Cornerstone Residence Senior Care has a separate entrance and dedicated parking area separate from the skilled nursing facility, and there is outdoor signage directing visitors to the customized living setting or to the skilled nursing building.</p> <p>The aerial photo of the campus below has the skilled nursing facility building outlined in red with a red star to indicate the entrance, the Cornerstone Residence Senior Care building is outlined in yellow with a corresponding yellow star to indicate the entrance to that building. The blue arrow is pointing the hallway that connects the buildings through keyed access only.</p>	<p>Compliant</p>
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Prong 1 and Prong 2 settings

Meaningful distinction between the facility and HCBS setting.

States must submit strong evidence that the setting presumed institutional has the characteristics of a HCBS setting and not an institutional setting.

HCBS characteristics

This section is a summary of the individual HCBS characteristics required in the HCBS rule. The findings for each characteristic are identified through the setting documentation, on-site observations, and interviews.

HCBS Rule requirement	Compliance determination
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<p>The setting is selected by the individual from among a variety of setting options including non-disability specific settings.</p> <p>Validation methods:</p> <p><input checked="" type="checkbox"/> Interview(s) with residents.</p> <p><input checked="" type="checkbox"/> MnCHOICES support plan requirements: In the “What I Want my Life to Look Like” section of the support plan, using person-centered principles, the case manager/care coordinator must describe the person’s choice about housing. The case manager/care coordinator must have a conversation with the person for each of the statements on the signature sheet to ensure they understand what they are agreeing to and have the necessary information to make an informed choice. The case manager/care coordinator selects yes or no for each statement. If the person answers ‘no’ the case manager/care coordinator must review the content again in another format or discuss further with the person.</p> <p><input checked="" type="checkbox"/> Health plan and Lead Agency Review support plan audits: As required under Mn Statute 256B.0911, Subd. 29, “The written support plan must include:(d) (2) the individual's options and choices to meet identified needs, including all available options for: (iii) living arrangements; (v) service provided in a non-disability-specific setting;”</p> <p>Narrative:</p> <p>Resident interviewed reported that she is very happy living in this setting. This was her first choice on where to live and she did not want to look at other living options. She previously lived in her own home in Bagley and was then placed in a nursing facility in Fertile MN. When she was discharged from the nursing home, it was her desire to move back to Bagley MN and live in the assisted living setting.</p> <p>Another resident interviewed reported that she previously lived in several places such as Nebraska and Missouri. Her daughter got married 22 years ago and moved to the Bagley area. She and her husband both chose to move to Cornerstone Residence Senior Care together to be closer to both of their families. She likes living close to her daughter and grandchildren. She also was not interested in looking at other living options in different communities.</p>	<p>Compliant</p>
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<p>The setting facilitates individual choice regarding services and supports, and who provides them.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure(s). <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, Subd. 24., “Residents have the right to be informed by the assisted living facility, prior to executing an assisted living contract, that other public and private services may be available, and that the resident has the right to purchase, contract for, or obtain services from a provider other than the assisted living facility.” <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administrative staff confirm at interview that residents are afforded this right as required in the Assisted Living Bill of Rights. Residents interviewed reported having health care providers in the community. One resident reported that she goes to providers in Bagley and Bemidji MN and Grand Forks ND per her choice. Her granddaughter brings her to her appointments.</p> <p>A different resident reported that she sees her long-time doctor at the clinic in Bagley. She also sees her psychiatrist via telehealth every two weeks. She chose to do these visits via telehealth so that she could keep the provider she was familiar with. She has been working with her for “quite some time now”.</p>	<p>Compliant</p>
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<p>Each person at the setting has a written lease or residency agreement in place providing protections to address eviction processes and appeals.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of written lease or residency agreement <input checked="" type="checkbox"/> State license requirements: This setting submitted a compliant Assisted Living lease/contract as required under MN Statute 144G.50 – 144G.57. MN Statute 144G.11 states, “Assisted Living facilities are subject to and must comply with Chapter 504B.” The lease/contract is required to be signed by the setting and the person receiving services or their representative. <p>Narrative:</p> <p>Administrative staff confirm during interview that residents receive a copy of the assisted living contract for review prior to signing and/or moving into the setting. A copy of the assisted living contract for this setting was submitted to DHS and reviewed for compliance. Residents interviewed reported that they did sign a contract when they moved in and are also notified when any changes are made to the contract.</p>	<p>Compliant</p>
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<p>Each person at the setting has privacy in his/her sleeping or living unit including a lockable door with only appropriate staff having keys to doors.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation of lockable unit doors during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91,Subd. 13., “(a)Residents have the right to consideration of their privacy, individuality, and cultural identity as related to their social, religious, and psychological well-being. Staff must respect the privacy of a resident's space by knocking on the door and seeking consent before entering, except in an emergency or unless otherwise documented in the resident's service plan. (b) Residents have the right to have and use a lockable door to the resident's unit. The facility shall provide locks on the resident's unit. Only a staff member with a specific need to enter the unit shall have keys. This right may be restricted in certain circumstances if necessary for a resident's health and safety and documented in the resident's service plan.” (Refer to Rights Modification section) <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administrative and direct care staff all reported on interview that only appropriate staff have keys to the units. The apartment keys are only available to staff that have a need to enter a resident’s apartment and that the keys are kept in the locked nurse’s station.</p> <p>Locks were observed on all the apartment doors in the setting. Residents interviewed said they can lock their door when they want privacy or are away. One of the residents stated she knows she can lock her door, but she feels so safe that she prefers not to lock the door. Another resident interviewed reported that she locks her apartment door at night.</p>	<p>Compliant</p>
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Resident apartment door with lock and decoration



Resident apartment door with lock and decoration



Resident apartment door with lock and decoration

The setting facilitates that a person, who shares a bedroom/unit, is with a roommate of their choice.

Validation methods:

- Interview(s) with administrative staff.
- Interview(s) with residents.
- Review of setting's policy and procedure
- State license requirements: As required under MN Statute 144G.91, "Residents have the right to choose a roommate if sharing a unit."

Narrative:

Cornerstone Residence Senior Care's policy/procedure is compliant. Administrative and direct care staff reported during interviews that residents do not share apartments unless they share with a spouse, partner, or other person of their choice. Residents interviewed reported they are not required to share a unit and do not have a roommate.

Compliant

The setting provides people with the freedom to furnish and decorate their bedroom and living unit within the lease or residency agreement.

Compliant

Validation methods:

- Interview(s) with administrative staff.
- Interview(s) with residents.
- Review of setting's policy and procedure
- Observation of residents' units during on-site visit
- State license requirements: As required under MN Statute 144G.91, "Residents have the right to furnish and decorate the resident's unit within the terms of the assisted living contract."

Narrative:

Cornerstone Residence Senior Care's policy/procedure is compliant. Administration reported upon interview that people are allowed/encouraged to bring their personal decorations and furniture from home to decorate their units. Residents interviewed confirmed that decorations and furniture were their personal belongings, and they were able to decorate the unit as desired. Apartments observed during the site visit were decorated according to the residents' tastes and preferences, including family pictures and memorabilia, crafts, and religious items. Residents also put-up personalized decorations on their apartment doors.



Resident's apartment with own furniture and decorations.

<p>The setting provides people the freedom and support to control their daily schedules.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to individual autonomy, initiative, and independence in making life choices, including establishing a daily schedule and choosing with whom to interact." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administration and direct care staff confirmed during interviews that the setting supports resident’s choices for their daily schedules. Upon admission, the Assisted Living Director has the resident or assists the resident to complete a “Resident Interest Form”. This forms asks the resident several questions about their likes and dislikes including the following questions about their preferred schedules:</p> <p>“What is your daily schedule?”, “What time do you like to get up?”, “What time do you like to go to bed?”, “Do you like to take a nap during the day? If yes, what time?”, “What time do you usually eat each meal?”, “Do you like to shower when you get up or before you go to bed?”.</p> <p>Resident interviewed reported that she is a late sleeper, and she prefers not to go to breakfast. When she gets up, she gets dressed and then has lunch. After lunch she likes to join the activities or watch TV. In the evenings she usually has company and then goes to bed around 10pm.</p> <p>Another resident interviewed reported that it is difficult for her to talk herself into taking showers, so she chooses to shower on Mondays and Thursdays only. She typically wakes up around 8:00am and takes her medication. She puts on her support socks and then feeds the birds, squirrels and deer that are often out the patio door of her apartment. She prefers to eat lunch in her apartment and there is a direct care staff that will cook what she likes for lunch. After lunch she watches some TV, goes to the common area to fill up her cup with ice and visits</p>	<p>Compliant</p>
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with staff. Depending on what is being offered for supper, she sometimes chooses to make her own supper then goes to bed around 9 or 9:30pm.	
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<p>The setting provides people access to food at any time.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to access food at any time. This right may be restricted in certain circumstances if necessary for the resident's health and safety and if documented in the resident's service plan." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administration and direct care staff confirmed at interviews that the setting provides menu choices, that there are snacks available, people can choose to store and prepare food in own apartment. If a resident is away from the setting during a meal, the meal will be saved and reheated upon their return. There is also always bread, cereal, pudding, snacks, sandwiches available at any time in the common kitchen area. There is also a vending machine in the common area and coffee is available 24/7.</p> <p>Residents interviewed confirmed that they have access to food at any time. One resident reported, “if you don’t like what is on the menu, they will change it for you.” This resident also reported that she keeps snacks in her apartment but eats all her meals in the shared dining room. Another resident interviewed reported she likes to cook in her apartment and does not want to eat in the shared dining room. She reports that the local grocery store delivers her groceries to her apartment, and she pays them upon delivery.</p>	<p>Compliant</p>
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Cornerstone Spring / Summer Menu 2024
June 9 - June 15, 2024

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Assorted Juice Hot or Cold Cereal Cinnamon Roll Assorted Yogurt Sausage Links	Assorted Juice Omelette, Egg & Cheese Breakfast Sandwich Fruit Cup	Assorted Juice Hot or Cold Cereal Pancakes Syrup Eggs	Assorted Juice Hot or Cold Cereal Scrambled Eggs Toast Breakfast Ham	Assorted Juice Hot or Cold Cereal French Toast Syrup Sausage Patty	Assorted Juice Hot or Cold Cereal Fried Egg Toast Racon	Assorted Juice Hot or Cold Cereal Omelette Fruited Muffin Sausage Patty
Lunch	Pork Roast Au gratin Potatoes California Blend Vegetables Apple Pie	Roast Beef Mashed Potatoes Peas & Carrots Ice Cream	Spaghetti Sauce over Noodles Lentil Salad w/ Dressing Sauté Broccoli Mandarin Orange Jello	Tater Tot Crispy Cup Vegetables Whole Dinner Roll Brownie	Baked Chicken Wild Rice Blend Green Beans Dinner Roll Peach Parfait	Breaded Fish Oven Roasted Potatoes Baby Carrots Applesauce Swirl Cake	Ham & Potato Casserole Vegetable Medley Dinner Roll Dino Pudding Dessert
Dinner	Goulash Green Beans Buttered Bread Diced Peaches	BBQ Pork Ribc on a Bun Sweet Potatoes Fries Cauliflower Fruit Cocktail	Chicken Pot Pie Broccoli Buttered Bread Diced Peas	Tuna Melt Potato Wedges Cucumber Salad Fresh Strawberries	Corn Dog Baked Beans Pickled Beets Applesauce	Pizza Pasta Casseroles Garlic Breadsticks Lentil Salad Fruit Fruit	Roast Beef Sandwich Tomato Soup Salines Mandarin Oranges

Week One **Menu Subject to Change. Broad Selection Available**

Menu for June 9 through June 15, 2024



Toaster, microwave, and coffee pot available for residents who want a snack.



Shared dining area with coffee and snacks available.

<p>The setting allows people to have visitors at any time.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation of people coming and going during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to meet with or receive visits at any time by the resident's family, guardian, conservator, health care agent, attorney, advocate, or religious or social work counselor, or any person of the resident's choosing. This right may be restricted in certain circumstances if necessary for the resident's health and safety and if documented in the resident's service plan." (See Rights Modification section). <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administration and direct care staff confirmed during interview that the setting does not restrict visiting times or who people can visit with. Residents can visit with their friends/family in privacy in their own units or in any shared space within the building.</p> <p>Residents confirmed that their visitors come when they choose and are not limited or restricted to visiting hours. One resident interviewed reported that her family usually comes to visit late due to their work hours. Another resident reported that her grandchildren used to come and spend the weekend in her apartment.</p> <p>Observed people coming and going from the building and visiting with residents.</p>	<p>Compliant</p>
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Outdoor seating area for residents and visitors



Outdoor patio chairs and table for outdoor seating. Elevated flower bed with flowers.

<p>The setting provides opportunities for people to volunteer or seek employment and work in competitive integrated settings.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Health plan and Lead Agency Review support plan audits: As required under Mn Statute 256B.0911, Subd. 29, “The written support plan must include:(d) (2) the individual's options and choices to meet identified needs, including all available options for: (ii) employment services, settings, and providers.” <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to engage in community life and in activities of their choice. This includes the right to participate in commercial, religious, social, community, and political activities without interference and at their discretion if the activities do not infringe on the rights of other residents.” <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. The Licensed Assisted Living Director reported during interview that residents complete a Resident Interest Form that asks, “Are you or were you employed outside the home? If yes, what was your occupation?” And “Are you looking to be employed now? Would you like to volunteer somewhere?” “Would you need help with transportation to/from work or volunteering?” The form also includes the statement, “If you would like information about opportunities for employment and/or volunteering in the community, please ask the Assisted Living Director for supportive information.”</p> <p>The residents interviewed reported that they are aware that they can volunteer/work if they choose to do so. One resident in the assisted living memory care likes to assist the staff. To fulfill his desire to be helpful, he is given the task of checking all doors and lights and marking them off on a clip board.</p> <p>One resident interviewed reported that she enjoys painting and spends extra time volunteering occasionally to help the person that comes into the facility to conduct craft and art classes. No residents interviewed reported wanting to be employed outside of the setting.</p>	<p>Compliant</p>
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<p>The setting is physically accessible to the individual.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation made during on-site visit. <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.11 “Assisted living facilities:(1) are subject to and must comply with chapter 504B;” and MN Statute 363A.10, Subdivision 1. Reasonable modifications/accommodations. “For purposes of section 363A.09, discrimination includes:(1) a refusal to permit, at the expense of the disabled person, reasonable modifications of existing premises occupied or to be occupied by the disabled person if modifications may be necessary to afford the disabled person full enjoyment of the premises; a landlord may, where it is reasonable to do so, condition permission for a modification on the renter agreeing to restore the interior of the premises to the condition that existed before the modification, excluding reasonable wear and tear; (2) a refusal to make reasonable accommodations in rules, policies, practices, or services, when accommodations may be necessary to afford a disabled person equal opportunity to use and enjoy a dwelling.” <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administrative staff, direct support staff and residents interviewed all report the setting is fully accessible to the residents. Accommodations such as grab bars, shower chairs and wheelchairs are available to residents. Residents interviewed report they can use and access all areas of their unit and shared spaces within the building. At on-site visit, observed grab bars, shower chairs, walkers and wheelchairs used in resident apartments and throughout the setting.</p>	<p>Compliant</p>
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Shower chair and grab bars in a resident's shower.



Three residents with accessibility aids such as reclining wheelchairs and a walker.

<p>Any modification of the rights specified in HCBS rule under 441.301(c)(4)(vi)(A) through (D) must be supported by a specific assessed need and documented in the person-centered plan/ HCBS Rights Modification Support Plan Attachment.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Review of person’s support plan if a rights modification is in place. <input type="checkbox"/> N/A. No residents at this setting, enrolled in Elderly Waiver, have a need for a Rights Modification at this time. <input checked="" type="checkbox"/> State license requirements: As required under Mn Statute 144G.911, “The resident's rights in section 144G.91, subdivisions 12, 13, and 18, may be restricted for an individual resident only if determined necessary for health and safety reasons identified by the facility through an initial assessment or reassessment under section 144G.70, subdivision 2, and documented in the written service plan under section 144G.70, subdivision 4. Any restrictions of those rights for people served under chapter 256S and section 256B.49 must be documented by the case manager in the resident's support plan, as defined in sections 256B.49, subdivision 15, and 256S.10.” <p>Narrative:</p> <p>Administrative and direct support staff reported during interviews that there are residents on Elderly Waiver in the assisted living memory care that are required to not leave the secured area without proper supervision of staff or family. The restriction is documented in each person’s Individual Abuse Prevention Plan. The setting is actively working with each person’s lead agency case manager to have the documentation put into a DHS Rights Modification form.</p>	<p>Compliant</p>
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<p>The setting provides people opportunities to access and engage in community life to the same degree as individuals not receiving Medicaid.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure, activity calendar(s) <input checked="" type="checkbox"/> Observation of residents’ units during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to engage in community life and in activities of their choice. This includes the right to participate in commercial, religious, social, community, and political activities without interference and at their discretion if the activities do not infringe on the rights of other residents." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administrative and direct support staff interviewed report transportation options available to residents to assist them to attend any community engagement activities they desire. See Transportation section above for more information about transportation options available.</p> <p>Residents interviewed reported that they engage with their community as often as they like. For example, one resident reported that she prefers not to take the local bus, so her granddaughter takes her shopping in Bemidji. She also enjoys going to her grandchildren’s school concerts, to the county fair with their family and going to visit her family at their homes. She has two boys and three grandchildren locally.</p> <p>Another resident interviewed reported that she does like to take the bus and uses it at least one time per month. She enjoys shopping and eating in Bemidji also which is a town about 30 miles from Bagley. This resident also reports that staff at the assisted living will also take her uptown when she would like to go. She views the local paper and local fliers provided by the assisted living to know what community events are coming up. She enjoys attending activities provided by the local Bagley Area Arts Collaborative at various locations in the area. She plans to attend a basket weaving class and a mosaic class coming up soon in Gonvick, MN.</p>	<p>Compliant</p>
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The setting provides a community calendar and posts it on the Community Life Board. This board includes fliers and adds of local community events that residents can choose to participate in if they desire.

Residents also engage in the community by choosing community-based providers and utilizing local businesses, such as grocery stores, banks, salons etc.

Cornerstone Residence Senior Care also facilitates group community-based activities also.

List of community-based activities:

Attending Bagley class reunions every summer

Trips to the casino

Shopping in Bemidji

Attending the Clearwater County Fair

Going to Bagley Arts events at the Bagley library or at the Life Center

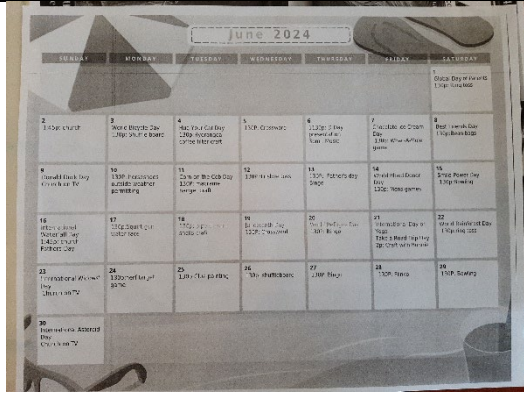
Making flowerpots at the local green house

Basket making events.

Activity calendar and community fliers:



Community Life Board. Current activities and happenings in the setting and community.



Monthly calendar listing planned activities each day.

Cornerstone Residence
Resident Interest Form - Page 2

We offer a variety of activities for Assisted Living and Memory Care. Below is a list of some but not all activities that we may offer. Please circle all activities that interest you.

Social Activities	Sensory Activities
Committee party planning	Baking
Pet therapy	Hand/foot massages
Phonics	Books on Tape
Van rides	Arms therapy
Coffee/tea socials	Therapeutic Gardening
Quilting groups	Body massages
Going to lunch	Scarf jars
Spiritual Activities	Cognitive Activities
Bible study	revo
Hymn/song a long	Puzzles-word search, crosswords, sudoku
Church services	matching games
Breathing exercises	life photos
Relaxation music	card games
Creative Activities	Physical Activities
Scrapbooking	chair exercises
Knitting Circle	Outings-walking, gardening
Arts & crafts	bean bag toss
Drawing/coloring	bowling

Any other activities you would like to learn more about, enjoy participating in, helping organize or help lead, list those below:

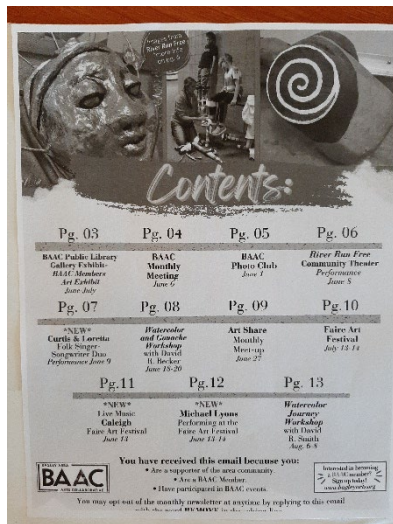
Page 2 of Resident Interest Form. List of examples of activities.



Community activity flier for Faire Art Festival.



Community folk singer activity flier.



Bagley Area Arts Collaborative calendar listing different activities for the months of June through August 2024.

<p>The setting supports the person’s control of personal resources to the same degree as individuals not receiving Medicaid HCBS.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to control personal resources." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant and supports the residents’ control of personal resources (money). Cornerstone Residence Senior Care will assist a resident with money management only if requested by the resident or their authorized representative. A consent form must be signed by the resident/representative acknowledging the facilities money management policies. Administrative staff reported at interview that people have access to their own personal bank accounts, credit cards, cash and can access their funds at any time.</p> <p>One of the residents interviewed reported, “They don’t manage my money. I have my own bank account and I use a debit card.”</p>	<p>Compliant</p>
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<p>The setting ensures people’s right to privacy.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to consideration of their privacy, individuality, and cultural identity as related to their social, religious, and psychological well-being. Staff must respect the privacy of a resident's space by knocking on the door and seeking consent before entering, except in an emergency or unless otherwise documented in the resident's service plan." "Residents have the right to respect and privacy regarding the resident's service plan. Case discussion, consultation, examination, and treatment are confidential and must be conducted discreetly. Privacy must be respected during toileting, bathing, and other activities of personal hygiene, except as needed for resident safety or assistance." "Residents have the right to communicate privately with persons of their choice." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Policy states, “Cornerstone Residence ensures all residents’ right to privacy. See Minnesota Assisted Living Bill of Rights. Cornerstone Residence will provide personal care in private. We will provide privacy for the residents to make phone calls, send texts, email, or other personal communication. Cornerstone will ensure staff do not discuss a person in the open or within earshot of those who do not need to hear the discussion.”</p> <p>Direct support staff interviewed reported the setting ensures residents privacy by providing personal cares in residents apartment or in private areas, not sharing private information about residents in hallways, etc. There is a nurse’s station behind a closed door where resident files are stored, and information can be shared with other support staff as needed.</p> <p>Residents interviewed reported they feel their privacy is protected. Resident reported she can also lock her door but chooses not to because she feels safe, and people do not enter without knocking.</p>	<p>Compliant</p>
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Observed staff knock on resident's unit door prior to entering.



Resident locked mailboxes for privacy.

<p>The setting ensures people’s dignity and respect.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, "Residents have the right to be treated with courtesy and respect, and to have the resident's property treated with respect." <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Administrative and direct support staff interviewed report the setting ensures residents are treated with dignity and respect.</p> <p>Residents report they feel they are respected. One resident reported at interview that when she moved into the setting, she did not have furniture or a TV of her own. The setting provided her furniture and a TV until she was able to purchase her own. That made her feel welcome and respected as a resident.</p> <p>During onsite visit, observed staff calling residents by preferred names, staff talking respectfully with residents and at their eye level. Staff were observed caring for residents in a kind and respectful manner. Residents were smiling, dressed appropriately and to their own preference.</p>	<p>Compliant</p>
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<p>The setting ensures people’s freedom from coercion and restraint.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation during on-site visit <input checked="" type="checkbox"/> State license requirements: As required under Mn Statute 144G.42,” The assisted living facility must comply with the requirements for the reporting of maltreatment of vulnerable adults in section 626.557. The facility must establish and implement a written procedure to ensure that all cases of suspected maltreatment are reported. And Mn Statute 144G.63, “proper orientation and annual training is given to staff on the Vulnerable Adults Act, as well as the Assisted Living Bill of Rights and staff responsibilities related to ensuring the exercise and protection of those rights.” Mn Rule 9555.7200 Subp.2, "Abuse" means: the intentional and nontherapeutic infliction of physical pain or injury, or any persistent course of conduct intended to produce mental or emotional distress”. The Elderly Waiver plan states, customized living services must, “Ensure that participants are treated with dignity and respect and are free from coercion and restraint.” <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Per policy and Elderly Waiver requirements, no restraints are used, and coercion is prohibited. Setting’s policy states, “Cornerstone Residence ensures resident’s freedom from coercion and restraints. We ensure that all residents are free from abuse, neglect, and financial exploitation. See Minnesota Assisted Living Bill of Rights.” Per interview with administrative staff, residents are free to come and go unless a Rights Modification is in place and agreed to by the resident, the case manager, and the setting.</p> <p>Residents interviewed confirmed they are not coerced or restrained in any way by the setting.</p>	<p>Compliant</p>
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Covered entryway/exit to the setting. Sitting bench available for sitting. People are free to come and go.

<p>The setting optimizes individual initiative, autonomy, and independence in making life choices, including daily schedule and with whom to interact.</p> <p>Validation methods:</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Interview(s) with administrative staff. <input checked="" type="checkbox"/> Interview(s) with residents. <input checked="" type="checkbox"/> Review of setting’s policy and procedure <input checked="" type="checkbox"/> Observation made during on-site visit. <input checked="" type="checkbox"/> State license requirements: As required under MN Statute 144G.91, “Residents have the right to individual autonomy, initiative, and independence in making life choices, including establishing a daily schedule and choosing with whom to interact.” <p>Narrative:</p> <p>Cornerstone Residence Senior Care’s policy/procedure is compliant. Setting’s policy states, “Cornerstone Residence optimizes individual initiative, autonomy, and independence in making life choices, including daily schedule and with whom to interact.</p> <p>Cornerstone Residence provides all residents with the right to choose their activities and services, with the right to choose friends and spend time with them.</p> <p>Cornerstone Residence supports residents in life informed choices and autonomy.</p> <p>Cornerstone Residence allows residents to move about the facility and not to be confined to any one area.</p> <p>Cornerstone Residence prioritizes a person's preferences (about schedules, activities, etc.) unless stated otherwise in their plan.</p> <p>Cornerstone Residence provides access to services and activities during times that compliment a resident's schedule.</p> <p>Cornerstone Residence supports residents in developing a schedule that meets their needs and preferences.</p> <p>Cornerstone Residence provides residents the choice to participate in group and/or individual activities.</p> <p>Cornerstone Residence provides opportunities for residents to gain experience in making choices, which include the appropriate balance between autonomy and safety.</p>	<p>Compliant</p>
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<p>Cornerstone Residence supports residents in requesting changes of current services, transitioning to other services, or requesting a change in staff.” This requirement was confirmed by interviews with administrative staff, direct care staff and residents. Staff report that residents are free to make their own life choices and choose who they want to spend their time with. Staff reported that they accommodate a person’ schedule preference and rearrange their personal care schedule to meet the person’s needs for that day.</p> <p>Residents interviewed report varying degrees of interest in facility and individual community-based activities and that this is respected by the setting.</p> <p>One resident reported she has a best friend in Gonvick, another town about 20 miles from Bagley. She enjoys going to her friend’s house and has spent some weekends there with her.</p> <p>Also see, “The setting provides people the freedom and support to control their daily schedules” requirement section above for more information.</p>	
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Additional pictures of the HCBS setting



Shared commercial kitchen.



Hallway to skilled nursing facility.

Public comment summary

The Minnesota Department of Human Services (DHS) did not receive public comments for this setting. DHS sought public comment from 8:00am on July 3, 2024, to 4:00pm on August 2, 2024, before submitting settings to the Centers Medicare & Medicaid Services (CMS) for heightened scrutiny.

We sought public comments using the following methods:

- Evidentiary packages posted online on the [Home and Community Based Services Rule transition plan - Requirements for new HCBS settings page](#)
- Evidentiary packages specific to each setting posted in a common area of the setting
- Notice of public comment period via [July 2, 2024, eList announcement](#)
- Notification to providers via email
- Notification to managed care organizations and Area Agencies on Aging (AA) via eList announcement
- Notification to long-term care ombudsman office via eList announcement

Minnesota's recommendation

Date of recommendation: August 5, 2024
Minnesota supports that this setting overcomes the institutional presumption and meets the requirements of a home and community-based setting. Provider is required to maintain on-going compliance with all HCBS requirements.