



STATE ADVISORY COUNCIL ON MENTAL HEALTH
and Subcommittee on Children's Mental Health

State Advisory Subcommittee on Children's Mental Health

Thursday, September 5th, 2024, 9am-11am

In-Person and Virtual Meeting

Attendance (bold = in-person)

Subcommittee: **Claudia Daml, Lisa Hoogheem, Dave Lee**, Dan Porter, Alyssa Greene, Jessica Gorneau, Dr. BraVada Garrett-Akinsanya, Laura Jean, **Cici Hughes**, Holly Hanson, Tom Delaney, Sarah Driever, Donna Lekander,

Other attendees: **Lea Bittner-Eddy, Kelly Deering**, Jessica Gorneau, E J Dean (DHS), Mike Gallagher (DHS), Rachel Warren, Macaella Sakoya, Sheila (Macaella's mom), Claire Courtney, Wayne Garrett, **Katie T-M**, Elliot Butay, Rep Peter Fischer, Phyllis Haze

Absent: Sara Nelson, Bekki Babineau, Abby Morgan, Corey Harland, Dani Indovino Cawley, Mandy Goh, Nicole Frethem, Dana Trebesch, Dave Johnson, Jeff Lind, Jennifer Bertram, Kim Stokes,

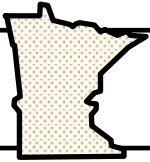
AGENDA

I. Welcome, grounding and housekeeping – Cici Hughes - 9:00 - 9:08 (9.08)

- Cici welcomes the group and directs in-person attendees to bathrooms
- Please mute yourselves unless speaking
- Chat is being monitored
- Use the raise hand feature to indicate a desire to speak
- Respectful guidelines reviewed
- Meeting being recorded for notetaking

II. Land Acknowledgement – Lisa Hoogheem requests member volunteer, read by Kim Stokes 9:08 – 9:10 (9:11)

- We, the members of the State Advisory Council on Mental Health and Subcommittee on Children's Mental Health, acknowledge that the wealth of this country was built on stolen land and with enslaved and underpaid labor of African American, Native American, and Immigrant people. We acknowledge that the recent global uprising, which was sparked by the murder of George Floyd here in Minnesota, paired with the COVID-19 pandemic, makes for a time of profound uncertainty, shame, fear, and distrust. We also recognize that despite those feelings, we all must actively challenge the impact of our own implicit biases and how they may influence our decisions as individuals and leaders.
- Furthermore, we recognize that racism also expresses itself in policies and practices that either target or erase BIPOC communities and erect barriers to their prosperity. Therefore, we pledge to be vigilant in monitoring the formulation of policies and practices that produce



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harm to vulnerable populations. We also commit to being open to other people's truths as we acknowledge the resilience, creativity and generosity of the human spirit and we hold firmly to a persistence of Hope.

- With these issues in mind, we commit to dismantling systemic and structural racism by initiating and supporting policies, practices, and the allocation of resources that promote diversity, equity, inclusion, and shared power.

III. Member roll call via ~~Padlet~~ — Sara Nelson - 9:10 – 9:15 (via chat due to Sara's absence)

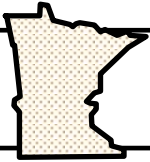
- Use link in chat please as Padlet is not set up for today
- Can use phone if needed
- Add your first and last name, pronouns, whether you are a council or subcommittee member or guest and which work group(s) you are a member of

IV. Introduction of subcommittee members - Cici Hughes - 9:15 – 9:25

- Claire Courtney – Voc Rehab
- Dan Porter – Schools workgroup and parent rep
- E J Dean – DHS employee
- Wayne Garrett – Psych RN and MH advocate
- Alissa Greene
- Jessica Gorneau – Diversity and Schools workgroup
- Ellie Miller – MN Housing
- Claudia Daml – Chair, State Advisory Council
- Corey Harland – Provider Rep
- Dave Johnson – Special ed teacher and State Fair committee
- Jeff Lind – Social Services and Juvenile Justice Group
- Holly Hanson – Dept of corrections and juvenile justice
- Kim Stokes
- Macaella Sikhoya – Sr at Blake school and black youth mental health initiative
- Tom Delaney – Mn Dept of Ed and School MH workgroup
- Rep Peter Fischer –
- Mike Gallagher – Children and Family MH Services at DHS (former member)
- Phyllis Haze – guest and new DHS employee
- Rachel Warren – Coord of Reimagine Black MH initiative
- Sarah Driever – parent and advocate
- Elliot Butay – Sr policy coordinator at NAMI
- Donna Lekander – parent and juvenile justice
- Katie T-M – consumer from Council
- Sheila – Macaella's mom

V. Black Youth Suicide Policy Academy - Lisa Hoogheem introduces Macaella Sikhoya - 9:25-9:55 (9:25)

- Lisa went to conference in DC with Macaella and asked her to join and speak today
- Black Youth Suicide Prevention Academy
- Sharing her takeaways from the DC conference



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- Introduction – conference hosted by SAMSHA in Maryland
- Data – major increase in black youth suicides and attempted suicides
- Increase may be due to experience of trauma in black community and lack of access to mental health care
- 988 was launch with a focus for BIPOC communities
- 12 black people per year are dying by suicide
- There is much misinformation within existing data
- Lumping all “black” people together can taint data and needs within specific communities
- Overdose suicides without notes are often listed as overdoses and not suicides
- Overview: since 2019 loneliness has skyrocketed
- What has been working?
 - Creating resources
 - Knowing trusted people (pastors, teachers, etc.)
 - Looking at other states
 - School-based services such a social workers who students are more likely to reach out to rather than a therapist
- Things to think about
 - Think outside the box
 - Need safe spaces – esp for black youth
 - Generational thinking not addressing feelings or things that matter to young people
 - Go to kids because kids don’t go to others (regarding MH)
 - Quality = quantity, not one over the other
 - Normalize mental health and suicidal behavior to invite in lived experience
 - Humanize black people
 - Need to build communities
 - It’s important to include kids under 10 years who aren’t often included
 - Black kids under 10 are 2 times more likely to attempt suicide
- Wise words taken away from conference
 - Ensure parents have access to Mh therapy so they can help kids
 - It’s ok to struggle with MH
 - You can believe in God and therapy at the same time
 - MH and black men should be a focus
 - Make sure getting help is easy and accessible
 - Young people need to know it’s ok to not “perform” 24/7 and to still be worthy and enough
- Other states
 - NC, OK, TN, MI, DC, MS, IL all participated in the conference and noted actions they will be taking to address this issue
 - Engaging student councils
 - Awareness campaigns
 - Implementing a toolbox of resources for parents of black youth
 - Train youth and community health workers
 - Engage law enforcement in work
 - Provide MH training to sports coaches

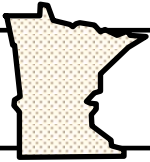


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- Conducting listening sessions with young people
- Create bridge training program to connect generations on tackling this issue
- Things that can be added to the summit
 - Leaders – esp religious leaders who many black young people look up to
 - Have adult advisory board – consider adding young people’s advisory group and link the groups together in some way
 - Need to provide space for younger people
 - Call to action
- Doing good work but more can be done;
- Props given to Macaella for a good presentation
- Questions: will Macaella be speaking to other communities?
- A: has given presentation to Rachel Warren (from the Brooklyns) and Reimagine Advisory Council and is open to making more presentations; she is very interested in continuing this work
- Claudia asks attendees to think about potential audiences for Macaella to speak at and to **reach out to invite her**; Macaella will leave her email in the chat; Lisa also has Macaella’s contact details
- Lisa would like to see the MH Initiative replicated in counties **so please reach out if there is** interest and funding
- Q: can Rachel share lessons learned from young people as part of this work
- A: have created monthly young person’s space for young black people to create community and enjoy a safe space; have had 2 summits to build power among black young people; want to ensure the black, young person’s voice is centered; they are not responsible to fix a problem they are not causing; want to connect to adult efforts to elevate these voices and respond in supportive ways
- Reimagine wants to shift narrative from deficit-based to elevating black young people; want to strengthen eco-system; many efforts are in progress
- Q: **how to connect people who are interested in this?**
- **A: email Rachel directly (see chat) + Insta page and cell phone to text + website**
- Lisa says part of what they saw was work with Marnita’s Table they trained young people how to testify in front of legislature

VI. Student Support Workforce Development - Lisa Hoogheem introduces Megan Lagasse (Dept of Ed) - 9:55 – 10:25 (9:56)

- Megan introduces self and shares slides; clinical social worker and MDE Student Support Personnel Specialist at MDE – leads grant called student support workforce
- Grant is in statute HF2497 Art 5, Sec 6 – social workers, counselors, nurses, psychologists, etc. to prioritize BIPOC students interested in this field
- Role and responsibilities: support, coaching and training to grant recipients
- 16 programs across MN at 11 institutions \$9.4M, 40% of recipients will be students of color pursuing these job categories
- Professional development, guidance and resources and focusing on culturally responsive recruitment and retention practices

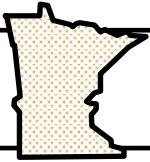


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- Megan invites questions:
- Lisa says Schools and MH workgroup put request for School and MH Aid to legislature and Megan's position came from legislature; could be ongoing grant program; there were 2 rounds of grants in spring of 2024
- Could be plan to expand this work into high schools; current funding is short-term (1 fiscal year at a time); need more support for true pipeline support
- Contact megan.legasse@state.mn.us
- Lisa thanks Megan for her presentation

VII. CEMIG Updates - Cici Hughes Introduces - Mike or EJ - 10:25 – 10:35

- Mike Gallagher gives updates
- RFP process completed and grant manager reaching out to awardees to access funding
- Any questions?
- Q: how many grantees?
- A: 26 – MH only, integrated MH and SUD and SUD only (\$10M for \$7M for 2026 and \$7M for 2027)
- Lisa: Outreach to Diverse communities put forth recommendation to increase CEMIG grant as highly effective way to provide culturally responsive services; hoping this gets moved forward
- E J Dean says this team is now moving to their supervision so will be coordinating with Mike on transition
- Wants Council and Subcommittee to be aware of multitude of funding strings; CEMIG is a priority to increase this grant and its good work; have increased amount of awards for this year
- Need to focus on ensuring equitable access for grantees plus resource to manage the \$ when coming from different sources (federal, etc.)
- Mike and team are working through issues on grant funding process and working with federal, state and other funding strings working together; have different budget restrictions which can make it challenging
- Saw more applications this year; many from outside metro area which is a new occurrence
- Q: for youth and adult-serving orgs?
- Mike: yes; despite it moving from Children and Family to Adult MH in DHS
- Q: are all orgs culturally-specific? Is this a priority?
- A: not all orgs are culturally specific, but who is being served and providers being funded for supervision, internships and licensure support do meet BIPOC+ requirements; support available for culturally-specific orgs to apply is something being looked at for the future
- Q from Dr B: glad to see more funding is being sought; spirit of grant was to empower culturally-specific orgs to engage BIPOC newcomers to the field; have seen some changes that move further away from this; as a black psychologist, she wasn't trained in how to do her job until trained by a black person
- A: EJ asks what changes Dr B is seeing to think a shift has taken place
- Dr B: RFP language



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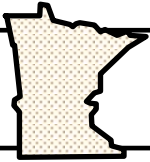
- EJ Dean: invites continued conversation with Dr B and collection of data; says recent conversation with Nellie indicates a continuation of priorities to support BIPOC orgs; wants to ensure alignment with funding; Dr B thanks EJ for the invitation
- Elliot: wants to clarify if money is separate for white orgs offering services to black recipients; is money tied directly to cultural org.
- EJ: says most orgs are predominantly BIPOC; some orgs are larger and may have many types of providers, but serve same communities; no allowance specifically for white therapist to supervise black learner under CEMIG grants
- Mike wonders if Elliot is talking about the separate of supervision funds from CEMIG which did happen this year
- Dr B: supervision \$ is one slice of CEMIG; there's supervision, training, therapy, etc with same dollars directed only to supervision; supervision grant got several \$M; more money is being put outside than inside the grant to do this important work which has many facets to it; must be intentional and original spirit of grant needs to be understood and upheld
- EJ thanks DR B for speaking up and agrees more funding is needed; hears criticism of adding separate supervision grant not specific to BIPOC

VIII. State Agency Updates – Cici Hughes - 10:35 – 10:45

- DOC – Shanna Langston:
- DHS – Diane Neal: Mike says they have a new assistant Commissioner, Teresa Steinmetz, started this week in Children's MH; DHS has been reorganizing to make way for Children, Youth and Families; splitting from Deaf and Hard and Hearing + Housing and creating separate units with other AC; working on building out team and having org chart for public
- MDE – Tom Delaney: many trainings available: Comprehensive School MH Systems from Baltimore MD; **Tom will put list of trainings and dates in chat**; MDE functions as community liaison with adolescent brain and cognitive ABCD study with others around the world; is largest and longest in world looking at cognitive imaging and data; **will post link to publications**; research coming out on cell phone; psychological safety for LGBTQ+ students and based on MN student survey (UMN) and other data **also shared in chat**
- MDH – Alyssa Green: PF and MH access program will receive additional funding for final 2 years; in process of putting RFP for community-led trainings focused on trauma-informed care (ERs, schools, local public health, school nurses, etc.); wherever kids are being treated for MH; starting next cohort of early childhood consultations starting next week; **contact Alyssa with any questions**
- DEED – Claire Courtney: RFP open for adult career pathways programs; **see chat for more information**
- Other agencies: none
- Cici thanks everyone for updates

IX. Updates from Members – Lisa Hoogheem – 10:45 – 10:50 (10:49)

- None given
- Cici asks members how split meetings are going
- Jeff Lind: like split meetings as they allow focus on children's MH so it's important to keep meeting separately



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- Claudia: split meetings are quarterly; does this timing work and do the months of split meetings work for everyone? Had to switch August as split meeting month due to business; next meetings are December, February?
- Dave Lee: wants to thank those who volunteered for State Fair MH Awareness Day
- 500 volunteers and many participating orgs; much exposure so great for the Council and Subcommittee
- Will be having separate meetings with Council and September to determine needs for this day in future
- NAMI joint meetings help plan the event

~~X. Membership and DHS Updates – Sara Nelson – 10:50 – 10:55~~

XI. Closing and Adjourn – Cici Hughes - 10:55 - 11:00

Thank You!

The next State Advisory Council on Mental Health and Subcommittee on Children's Mental Health meeting will be held on Thursday, October 3rd, 2024 from 10am until 1pm.

September meeting minutes and resources from guest speakers will be emailed to members.

Chat record:

Alyssa Greene, MDH 9/5/2024 9:03 AM • Good morning everyone!

Triasia Yun-Robinson 9/5/2024 9:08 AM • Good morning

Claire Courtney DEED VRS 9/5/2024 9:13 AM • The padlet is still from the August meeting.

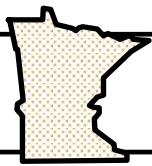
Danny Porter (he/him/his) 9/5/2024 9:13 AM • Can you put the link in the chat. I cant access the link from the powerpoint

Claire Courtney DEED VRS 9/5/2024 9:14 AM • Claire Courtney DEED VRS Council Member

EJ Dean (they/them) 9/5/2024 9:14 AM • EJ Dean (DHS) They/Them

Wayne Garrett RN 9/5/2024 9:14 AM • Wayne. Garrett

Alyssa Greene, MDH 9/5/2024 9:14 AM • Alyssa Greene (she/hers), MDH Representative, Subcommittee Member



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Jessica Gourneau She/Hers) 9/5/2024 9:14 AM • Jessica Gourneau (She/Her/Hers), committee member and subcommittee on Children's Mental Health

Ellie Miller 9/5/2024 9:14 AM • Ellie Miller she/her Representing Minnesota Housing

Peter Fischer 9/5/2024 9:14 AM • Peter Fischer

Triasia Yun-Robinson 9/5/2024 9:14 AM • Triasia Yun-Robinson Advisory council

Holly Hanson 9/5/2024 9:14 AM • Holly Hanson, Subcommittee, Mental Health and Juvenile Justice

Corey Harland 9/5/2024 9:14 AM • Corey Harland

Danny Porter (he/him/his) 9/5/2024 9:14 AM • Danny Porter, subcommittee member- Parent rep- he/him/his

Rachel Warren 9/5/2024 9:14 AM • Rachel Warren, guest, Reimagine Black Youth Mental Health Initiative Coordinator

Michael Gallagher 9/5/2024 9:14 AM • Mike Gallagher (He/Him) DHS

Donna Lekander 9/5/2024 9:14 AM • Donna Lekander (she, her, hers), Subcommittee / liaison to Council and Juvenile Justice Workgroup

Sarah Driever 9/5/2024 9:15 AM • Sarah Driever, she/her/hers, council and subcommittee member

Kim Stokes 9/5/2024 9:15 AM • Kim Stokes, subcommittee, parent of child, she her

Jeffrey Lind 9/5/2024 9:15 AM • Jeffrey Lind County representative from Greater MN Juvenile Justice workgroup

Macaella 9/5/2024 9:15 AM • Macaella Sikhoya (she/her) guest, Reimagine Black Youth Mental Health intern

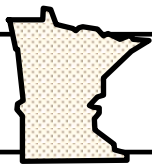
Triasia Yun-Robinson 9/5/2024 9:15 AM • I'm at home can't talk infant crying

MDE Tom Delaney 9/5/2024 9:16 AM • Tom Delaney, Minnesota Department of Education rep to Children's Mental Health Subcommittee and the School Mental Health Workgroup, and also a member of the Governor's Children's Cabinet Mental Health Action Team: thomas.delaney@state.mn.us

Triasia Yun-Robinson 9/5/2024 9:16 AM • I'm on the advisory committee as a parent I participate in the diversity workgroup

Jessica Gourneau She/Hers) 9/5/2024 9:18 AM • I apologize but I will need to leave at 9:30am for another meeting and will return after that meeting

Michael Gallagher 9/5/2024 9:18 AM • You are very quiety. *quiet



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Holly Hanson 9/5/2024 9:20 AM • Sorry - I didn't realize I was on mute when first called

Sarah Driever 9/5/2024 9:23 AM • Can someone reshare the link to the other chat/document?

Sarah Driever 9/5/2024 9:26 AM • Sorry, padlet

Dave Johnson 9/5/2024 9:28 AM • Dave Johnson - Bemidji -

Danny Porter (he/him/his) 9/5/2024 9:29 AM • Could the speaker talk louder, my volume is up all the way but its hard to hear

Britt Olean 9/5/2024 9:31 AM • Britt Olean, committee member

Bekki Babineau 9/5/2024 9:32 AM • Bekki Babineau, Children's Mental Health Subcommittee and School Mental Health Workgroup, Parent Rep

Kim Stokes 9/5/2024 9:42 AM • Excellent presentation!

Alyssa Greene, MDH 9/5/2024 9:43 AM • Agree, excellent!

Bekki Babineau 9/5/2024 9:45 AM • So important for our youth to have a voice in this, to be "at the table" in some capacity! Great presentation!

Elliot Butay (they/them) 9/5/2024 9:46 AM • Thank you for your presentation! Great job.

Alyssa Greene, MDH 9/5/2024 9:48 AM • That would be awesome, Macaella!

Triasia Yun-Robinson 9/5/2024 9:48 AM • Yes would love the contact info I have been doing this work

Macaella 9/5/2024 9:48 AM • macaellasikhoya@gmail.com

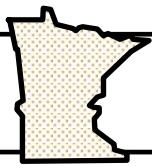
Claudia Daml 9/5/2024 9:52 AM • Rachel could you share your information and maybe if there is a reimagine weblink available for us?

Rachel Warren 9/5/2024 9:53 AM • <https://www.brooklynsallianceforyouth.org/black-youth-mental-health>

Rachel.Warren@brooklynsallianceforyouth.org - 763.234.5814 - instagram is @rbymh_initiative

Dave Johnson 9/5/2024 10:14 AM • Hey...I lost a bunch of data and cant remember if there is a specific day/time for the Mental Health and Schools workgroup meeting...and in the old days we used to have it on the day before the Council meetings...which worked out very well for me...Al Franken...er.....ne Dave Johnson

Claudia Daml 9/5/2024 10:20 AM • that would be great to have this discussed with the larger council



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Claudia Daml 9/5/2024 10:35 AM • Thank you Dr B for lifting up this topic. Looking forward to more conversations around this.

Triasia Yun-Robinson 9/5/2024 10:39 AM • Hello Im sorry i do not know why my mic is not working. **I would like to state if the advisory council can send a request about grant money or percentage of grant money being appropriated to BIPOC owned and operated organizations because as Dr. B stated many bigger organizations will hire BIPOC leadership to get culturally diverse grants but the organizations that are BIPOC owned are not getting the grants**

Triasia Yun-Robinson 9/5/2024 10:40 AM • **I also would suggest DHS and state to hold focus groups with BIPOC owned mental health organizations to discuss these matters and concerns**

Claudia Daml 9/5/2024 10:46 AM • Thanks Tom

Alyssa Greene, MDH 9/5/2024 10:48 AM • alyssa.greene@state.mn.us

Claudia Daml 9/5/2024 10:49 AM • If you could share that link for that ABCD info that would be fantastic!

Claire Courtney DEED VRS 9/5/2024 10:49 AM •

Updates for DEED-VRS on grants with links for more information: DEED released funding for three new workforce training programs including: 1) [\\$20 million for Drive for 5](#), an effort to prepare more Minnesotans for high-demand jobs in five occupational categories: technology, the trades, caring professions, manufacturing and education; 2) [\\$12 million](#) to provide employment and training services for populations who have been historically overlooked and often face multiple barriers to employment; and 3) [\\$2.7 million for Clean Economy Equitable Workforce](#), to train Black, Indigenous and People of Color (BIPOC) and low-income Minnesotans for good-paying union trade jobs in the high-demand fields of construction, clean energy and energy efficiency.

DEED Adult Career Pathways Programs, is seeking proposals to provide services through the Transformative Career Pathway Competitive Grants. These Grants must provide skills training to communities of color and/or low-income communities, leading to employment or business development in high-growth industries. Request for Proposals ([PDF](#))

Danny Porter (he/him/his) 9/5/2024 10:51 AM • Member updates/ sharing: MSSWA-(Minnesota School Social Work) FALL Conference: <https://www.msswa.org/event-5768069/> October 28-29, 2024 IN-PERSON!!!

MDE Tom Delaney 9/5/2024 10:51 AM • MDE Tom's Recap

1) MDE Training Opportunities in Comprehensive School Mental Health Systems are at <https://education.mn.gov/MDE/dse/safe/CSMHS/train/>; 2) Research products from the Adolescent Brain and Cognitive Development (ABCD) Study are at <https://abcdstudy.org/publications/>; 3) You can access the U of M Department of Pediatrics guidance on Psychological Safety at: <https://drive.google.com/file/d/1Seum1SghzA275VLcsojM1De-mDn1-B7F/view>.