

State Plan under Title XIX of the Social Security Act  
State/Territory: Minnesota

**Section 1905(a)(29) Medication Assisted Treatment (MAT)**

Citation: 3.1-A Amount, Duration, and Scope of Services

**[Please check the box below to indicate if this benefit is provided for the categorically needy (3.1-A) or medically needy only (3.1-B)]**

☐ 1905(a)(29) MAT as described and limited in \_\_\_\_\_ to Attachment [Select 3.1-A or 3.1-B].

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TN: 25-36  
Supersedes TN: 21-10

Approval Date: \_\_\_\_\_  
Effective : 10/1/2025

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State/Territory: Minnesota

Section 1905(a)(29) Medication Assisted Treatment (MAT)

**General Assurances**

**[Select all three checkboxes below.]**

☒ MAT is covered under the Medicaid state plan for all Medicaid beneficiaries who meet the medical necessity criteria for receipt of the service for the period beginning October 1, 2020.

☒ The state assures coverage of Naltrexone, Buprenorphine, and Methadone and all of the forms of these drugs for MAT that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).

☒ The state assures that Methadone for MAT is provided by Opioid Treatment Programs that meet the requirements in 42 C.F.R. Part 8.

**Service Package**

The state covers the following counseling services and behavioral health therapies as part of MAT: **[Please describe in the text fields as indicated below.]**

Please set forth each service and components of each service (if applicable), along with a description of each service and component service.

Opioid Treatment Program (OTP): Individual and group therapy services assist the beneficiary with achieving the goals developed in an individual opioid use disorder treatment plan. With the establishment of an individual treatment plan by identifying problems and implementing strategies to address, minimize, or reduce the inappropriate use and effects of chemicals through a combination of skills therapy, counseling, and treatment coordination. Therapy may also include consultation with relatives, guardians, close friends, and other treatment providers.

Participation of non-Medicaid eligible persons is for the direct benefit of the beneficiary. The service must actively involve the beneficiary in the sense of being tailored to the beneficiary's individual needs. There may be times when, based on clinical judgment, the beneficiary is not present during the delivery of the service, but remains the focus of the service. Office Based Opioid Treatment (OBOT): Additional counseling services and behavioral health therapies may be provided in office-base settings by physician and non-physician practitioners.

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Please include each practitioner and provider entity that furnishes each service and component service.

Click or tap here to enter text.

## Opioid Treatment Program

| Services               | Credentials                                                                                                                                                                                                  |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Therapy                | Licensed alcohol and drug counselors; counselor supervisors of licensed alcohol and drug counselors; licensed social workers; licensed marriage and family therapists; and licensed professional counselors. |
| Peer Services          | Recovery Peers                                                                                                                                                                                               |
| Medication management  | Licensed practitioners, including nursing staff                                                                                                                                                              |
| Treatment coordination | Treatment coordinators                                                                                                                                                                                       |

## Office-Based Opioid Treatment

| Services              | Credentials            |
|-----------------------|------------------------|
| Medication management | Licensed practitioners |

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Please include a brief summary of the qualifications for each practitioner or provider entity that the state requires. Include any licensure, certification, registration, education, experience, training and supervisory arrangements that the state requires.

**OTP- Provider entity**

Must be licensed under State of Minnesota DHS and meet State Licensing requirements

Monitored by: DEA Registration, Accreditation body(ex. CARF, JCAHO), certification by Division of Pharmacological Therapy/SAMHSA

Counselors working with an OTP are required to be licensed as an alcohol and drug counselor or meet one of the following:

Counselor supervisors of licensed alcohol and drug counselors must have three years of work experience as a licensed alcohol and drug counselor.

Licensed professional counselors must have a master's degree which included 120 hours of a specified course of study in addition studies with 440 hours of post-degree supervised experience in the provision of alcohol and drug counseling.

All counseling and behavioral health therapies delivered as part of medication assisted treatment services are provided according to an individual recipient's treatment plan.

Additional training requirements for ongoing education and applicable statutory training must be met.

**OBOT/Licensed practitioners**

Have to have current license and DEA registration.

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**Utilization Controls**

**[Select all applicable checkboxes below.]**

- ☒ The state has drug utilization controls in place. (Check each of the following that apply)
- ☒ Generic first policy
  - ☒ Preferred drug lists
  - ☒ Clinical criteria
  - ☒ Quantity limits
- ☐ The state does not have drug utilization controls in place.

**Limitations**

**[Describe the state's limitations on amount, duration, and scope of MAT drugs, biologicals, and counseling and behavioral therapies related to MAT.]**

For OTPs: No more than 30 weekly nondrug bundle charges are eligible for coverage in the first calendar year that an enrollee is being treated by an opioid treatment provider and no more than 15 weekly nondrug bundle charges are eligible for coverage in subsequent calendar years. For OBOT: Pre-Authorization is required. Buprenorphine is subject to quantity limits, and certain products and brands are included on the state's Preferred Drug List. Injectable and implantable buprenorphine are covered through the medical benefit with prior authorization.

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