



2024 Minnesota School Behavioral Health Conference Schedule

Wednesday, Nov. 6th

Start Time	End Time	Activity
7:00	9:00	Breakfast
8:00	6:00	Registration
10:30	11:30	1-hour sessions
Room TBD	A1	<i>Meeting the Moment: Equipping Digital Wellbeing Leaders.</i> Audience: Educator. Content Level: Basic. Presenters: Katherine Myers, Med, Executive Director & Dr. Charlene Myklebust, Psy.D., Educational Leadership and Mental Health Consultant (EQ Learn, LLC)
Room TBD	A2	<i>Canine Assisted Behavioral Skills.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Danielle Graczyk, Founder/Executive Director (Canine Inspired Change)
Room TBD	A3	<i>Movements for LGBTQ+ Liberation in the 20th Century.</i> Presenter: Duane Wardally, M.P.A., LGBTQ Specialist (Minnesota Department of Education)
Room TBD	A4	<i>Truth: Students Rationalize, Justify, and Minimize Their Substance Abuse!</i> Audience: Clinical. Content Level: Basic. Presenter: Michelle Winter, BA, LADC (Northern Pines Mental Health Center)
Room TBD	A5	<i>Legislative Updates Related to School Mental Health.</i> Presenter: Brienne LaHaye, MA, LMFT, Mental Health Lead (Minnesota Department of Education)
Room TBD	A6	<i>Pathway to Benefits: Navigating DHS-State Medical Review Team's (SMRT) Disability Determination Process with Confidence.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Carly Pederson SMRT Unit Manager & Nicole Warren, Disability Analyst, Supervisor (DHS State Medical Review Team (SMRT)).
Room TBD	A7	<i>Be@School: Addressing Barriers to School Attendance for Hennepin County's K-12 Students and Their Families.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Ashley Hightower, Be@School community engagement and strategy manager (Hennepin County Attorney's Office)

Room TBD	A8	<i>Kids in Crisis.</i> Audience: Clinical & Educator. Content Level: Advanced. Presenter: Katie Mac Jurado LMFT, RPT, CCTP, CATP, School Linked Therapist (Carver County)
11:30	1:00	Lunch/Exhibit Tables
11:30	6:00	Exhibit Tables
1:00	2:30	1.5-hour sessions
Room TBD	B1	<i>Advocating for Neurodiversity: How Can We Foster Mental Health Equity in Special Education?</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Elizabeth Duffy, MS, OTR/L (MnNEAT) & Santanna Ficken, MHP (Nystrom and Associates)
Room TBD	B2	<i>Substance Use Trends, Interventions, and Education Impacting Youth.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Sam Vitiello, MA LADC, Treatment Director, Recovery Services (Wilder Foundation)
Room TBD	B3	<i>Implementation of a Comprehensive School Mental Health Systems Framework: Multiple District Perspectives.</i> Audience: Educator. Content Level: Intermediate. Presenters: Brienne LaHaye, MA, LMFT, Mental Health Lead (Minnesota Department of Education), Emily Denight Kelly, MPH, CHES; Project AWARE Lead Trainer (Minnesota Department of Education), Cara McGlynn, MSW, LICSW; Lead School Social Worker & McKinney-Vento, Fostering Connections, and Migrant Student Liaison (Northeast Metro 916 ISD), Callie DeVriendt, MSW, LICSW; Mental Health & Social, Emotional, Behavioral Multi-Tiered System of Supports Coordinator (Duluth Public School District) & Stephanie Lindekugel, Elementary Ed. 1-6, Ed. Specialist; Project AWARE Grant Manager (ISD 622 North St. Paul, Maplewood, Oakdale)
Room TBD	B4	<i>Staying Energized and Compassionate in The Midst of This Difficult Work That We Do.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Alan O'Malley-Laursen, Trainer/Consultant
Room TBD	B5	<i>"You're Giving Me Anxiety": Interventions for Anxiety in Schools.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenter: Jenna Seal, MA, LPCC, Mental Health Therapist & Meghan Cain-Moss, MSW, LICSW Licensed Program Manager (People Incorporated)
Room TBD	B6	<i>The Kids Are Not Alright: Trauma-Informed Practices in The Schools.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenter: Sarah Najafalipour, MA, LPCC (Associated Clinic of Psychology)
Room TBD	B7	<i>How Effective Are You? Using Client Feedback to Improve Your Practice.</i> Audience: Clinical. Content Level: Basic. Presenter: Jody Nelson, Ed.D., LMFT, Senior Director Change Institute, Jennifer Griffin-Wiesner, M.A.,

		Director, Community Impact & Jennifer Garrido Santos, M.A., LMFT, LICSW, Director of Training, Supervision & Consultation (Change Inc.)
Room TBD	B8	<i>Building a Healthy Masculine Identity Through Clinical Intervention.</i> Audience: Clinical. Content Level: Intermediate. Presenter: Max Utterberg PhD, LPCC, School Based Therapist (Washburn Center for Children)
2:30	3:00	Break/Exhibits
3:00	4:00	1-hour sessions
Room TBD	C1	<i>Supporting Children of Incarcerated Parents: Mitigating the Impact of Justice-Involved Family Members on Children.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: John Eshun, Mental Wellbeing Planner & Anna Lynn, MPP Mental Health Promotion Coordinator (Minnesota Department of Health)
Room TBD	C2	<i>I Am Safe: movemindfully Trauma-Responsive Mind-Body Strategies for Mental Health.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Chrissy Mignogna, E-RYT 200 (movemindfully)
Room TBD	C3	<i>School Based Health Centers - An Integral Piece to Minnesota's Mental Health Puzzle.</i> Audience: Educator. Content Level: Basic. Presenters: Connie Sheehan, Program Director (MNSBHA) & Jennifer Marshall, School Based Health Center Program Manager (MDH)
Room TBD	C4	<i>Mental Health Ambassadors: A Youth-Centered Approach to Support Mental Health.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Eric Pothen, MHFA Instructor, MMed, Coaching and Learning Associate Director (MENTOR MN), Cante Nakanishi, LMFT (UMN PhD Student), Briana Joseph (UMN Student) & Dr. Lindsey Weiler (PhD, UMN Associate Professor).
Room TBD	C5	<i>Play for all: Building Attachment and Resiliency Through Play.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Karrie Ruedy, MS LMFT, Site Lead Waite Park Elementary & Annette Hanson-Sias, MA, MHP Site lead Pillsbury elementary (Change Inc.)
Room TBD	C6	<i>Bake It In: Sustainable Improvements That Support All Students' Mental Health.</i> Audience: Educator. Content Level: Basic. Presenters: Nic van Oss, Ed.S. SEL Services Coordinator (St. Croix River Education District) & Michael Moody, Marketing & Outreach Manager (PrairieCare Fund)
Room TBD	C7	<i>What Should we do at Tier 2? BRISC (Brief Intervention Strategy for School Mental Health Clinicians)</i> Audience: Clinical. Content Level: Basic. Presenters: Dr. Mark Sander & Dr. Cheryl Holm-Hansen (Midwest Center for School Mental Health)

Room TBD	C8	<i>Cannabis Legalization and Minnesota Schools</i> . Presenters: Julie Sanem, PhD & Zidane Galant-LaPort, BA (University of Minnesota School of Public Health Cannabis Research Center)
4:00	6:00	Exhibits
The Centre	6:00 - 8:00	Heavy Appetizers & Poster session & Networking

Thursday, Nov. 7th

Start Time	End Time	Activity
6:45	8:15	Breakfast
8:00	2:00	Registration
10:00	4:00	Exhibit Tables
8:45	10:30	Welcome & Keynote
The Centre		<p>Helping Native Students Thrive: Culture, Community, and Connection</p> <p>How can we connect with Native students more effectively and authentically? Navigating cultural difference in the age of racial reckoning can be scary, but there is so much at stake for the kids we serve. The better acquainted we are with tools and strategies that deliver results, the more impactful our efforts become. Join celebrated Ojibwe author, professor, racial equity educator, and cultural practitioner Anton Treuer for a fresh perspective on healing and thriving for Native students.</p>
10:30	11:00	Break/Exhibits
11:00	12:00	1-hour sessions
Room TBD	D1	<i>The Role of the Crisis Management Team in the Comprehensive School Mental Health Model</i> . Audience: Educator. Content Level: Basic. Presenters: Gregg Campbell, Safe & Supportive Schools Specialist & Virginia Davis, Crisis Management Specialist (Minnesota Department of Education)
Room TBD	D2	<i>Breathe Well: Enhancing Nervous System Resilience</i> . Audience: Clinical & Educator. Content Level: Basic. Presenter: Stephanie Esser, MAEd. & Breathing Coach, Owner of Balancing Elephants and BE Buddy Creator (Balancing Elephants, Inc.)

Start Time	End Time	Activity
Room TBD	D3	<i>Building Student Resilience through the use of Peer Support and Ingenuity.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Amanda Burget, BSW, Student Resiliency Specialist (Rochester Public Schools, Mayo High School)
Room TBD	D4	<i>Tiny Humans, Big Questions: Discussing Sex, Sexuality, and Identity with Elementary-Aged Children.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Ana Lewis, MA, LMFT Clinical Supervisor & Karrie Ruedy, MS, LMFT Clinical Supervisor (Change Inc.)
Room TBD	D5	<i>From Post it Notes & Paper to a Comprehensive Mental Health Software Tool: Improving Student Mental Health Access in Schools.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Stephanie Downey, Suicide Prevention Coordinator (Minnesota Department of Health), Amy Cook, 6-12 grade Counselor & Stacey Schepel, MSW, LICSW, CSW-PIP, School Social Worker (Luverne Public Schools)
Room TBD	D6	<i>What Happens When Someone Connects with the 988 Suicide and Crisis Lifeline?</i> Audience: Educator. Content Level: Basic. Presenter: Kelsey Scott, 988 Project Coordinator (Minnesota Department of Health) & Verna Mikkleson, 988 Tribal Suicide Prevention Coordinator (Minnesota Department of Health)
Room TBD	D7	<i>School Linked Substance Use Services.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenters: Jayne Conley Braun, LICSW, Director (Canvas Health), Tiffany White, Youth Peer Support Specialist (MN Prevention & Recovery Alliance) & Mike Mader, Licensed Alcohol and Drug Counselor (Canvas Health)
Room TBD	D8	<i>Healing Partnerships: Steps for Creating Working Relationships Between Educators and Mental Health Professionals.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenters: Bethany Cleary, MA, LPCC, School Linked Behavioral Health Therapist (Therapeutic Services Agency) & Alicia Nelson, Elementary School Principal (Jacobson Elementary, Rush City)
12:00	1:30	Lunch/Exhibits
1:30	3:00	1.5-hour sessions
Room TBD	E1	<i>Lifelines Future Story Experience.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Shawn Schuette, LMFT, Senior Clinical Supervisor, School Based Mental Health, Mary Her, LICSW, Senior Clinical Supervisor, School Based Mental Health & Evette Farley, LPCC, Clinical Supervisor, School Based Mental Health (Wilder Foundation)
Room TBD	E2	<i>Therapeutic Teaching Model.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenters: Alma Marquez, MSW, LICSW, Senior Clinical Supervisor, Therapeutic Teaching Model, Ashley Gramling, MA, ED, Special Education Teacher, Behavior Specialist & Aisaaca Hammond, MSW, LICSW, Individual and Family Therapist (Wilder Foundation)

Start Time	End Time	Activity
Room TBD	E3	<i>The Practice of Gender Affirming Mental Health Care.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Caitlin Baldwin, MSW, MBA, LICSW, Clinical Director & Ryan Fouts, LGSW Executive Director (RECLAIM)
Room TBD	E4	<i>The Golden Thread: Identifying Medical Necessity.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenters: Jennifer Butler, MS, MSW, LICSW, Supervisor & Krista Moore, LICSW, School CTSS Policy Lead (MN DHS Behavioral Health Division)
Room TBD	E5	<i>Nonexclusionary Discipline and Mental Health.</i> Presenters: Sonya Kuznetsov Duffy, Ed. S NCSP (Minnesota Department of Education), Jordan Samejima (Minnesota Department of Education) & Brienne LaHaye, MA, LMFT, Mental Health Lead (Minnesota Department of Education)
Room TBD	E6	<i>Disrupting the School to Prison Pipeline through Community Circles and Restorative Justice.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Mikala Hora, Mental Health Practitioner Coach/clinical social work intern & Amy Petersilie, teacher/clinical social work intern, (Rochester Public Schools)
Room TBD	E7	<i>Arrested at School: Youth Treated Rather than Defeated.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Dr. Charlene Myklebust, Psy.D., Educational Leadership and Mental Health Consultant (EQ Learn, LLC), C. Fausto Cabrera (Chris), Consultant (C. Fausto Cabrera Consulting, LLC)
Room TBD	E8	<i>Leaning into the Darkness: Essentials for Providing Trauma Therapy.</i> Audience: Clinical. Content Level: Intermediate. Presenter: Steven Lutes, MSW, LICSW, MPP, Manager of School Based Services (Northeast Youth & Family Services)
3:00	3:30	Break/Exhibits
3:30	4:30	1-hour sessions
Room TBD	F1	<i>Suicide Postvention for Schools: Proactive Grief and Crisis Management.</i> Audience: Educator. Content Level: Basic. Presenters: Brina Ellison, Suicide Prevention Regional Coordinator (Stellher Human Services), Tim Denney, Suicide Prevention Regional Coordinator (Level 5 Services) & Grace Mullenbach, Suicide Prevention Regional Coordinator (Counseling Services of Southern Minnesota)
Room TBD	F2	<i>Creative Ways to Pull in Client Interests to the Session.</i> Audience: Clinical. Content Level: Basic. Presenters: Carolyn Felty, MP, LP, Managers School Based Mental Health (Canvas Health) & Rachel Goossens, MP, LPCC, School Based Mental Health Therapist (Canvas Health)
Room TBD	F3	<i>Building Bridges: Enhancing Student Support through Collaborative Partnerships.</i> Audience: Clinical & Educator. Content Level: Intermediate. Presenter: Emily M Anderson, MS, BCBA, Manager (Solutions Behavioral Health Professionals)

Room TBD	F4	<i>School Access to Medicaid for Behavioral Health Services and Supports.</i> Audience: Educator. Content Level: Basic. Presenter: Julie Neururer, MSW, LICSW (Minnesota Department of Education)
Room TBD	F5	<i>Family Peers (and beyond) What has Happened, What is Happening and What is Hoped for 2025 for Family Peers.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Shelley White, Integrated Peer Policy Lead (Minnesota Department of Human Service) & TBD
Room TBD	F6	<i>Depression Education is Suicide Prevention: Tier-1, No-Cost, School Mental Health Programming from Erika's Lighthouse.</i> Audience: Educator. Content Level: Basic. Presenter: Ilana Sherman, MPH, Director of Education (Erika's Lighthouse)
Room TBD	F7	<i>Reducing Chronic Absenteeism with School-Based Wraparound Supports.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Jason Keppe, LMFT, Director of School Partnership (Seneca Family of Agencies) & Ms. Sarah Washington, Parent Advocate
Room TBD	F8	<i>High Stakes: Navigating Cannabis Use and Mental Health.</i> Presenter: Cindy Doth, MA, LPCC, LADC (Hazelden Betty Ford)
6:00	8:00	Dinner - Dining Room Social Events: Bonfire, Karaoke @ 8:00

Friday, Nov. 8th

6:45	8:15	Breakfast
8:30	9:30	1-hour sessions
Room TBD	G1	<i>Body Boundaries.</i> Audience: Educator. Content Level: Basic. Presenter: Robyn Hjorth-Martin, MSW/LICSW (Anoka-Hennepin Schools)
Room TBD	G2	<i>I Am Safe: movemindfully Trauma-Responsive Mind-Body Strategies for Mental Health.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Chrissy Mignogna, E-RYT 200 (movemindfully)
Room TBD	G3	<i>Meeting the Moment: Equipping Digital Wellbeing Leaders.</i> Audience: Educator. Content Level: Basic. Presenters: Dr. Charlene Myklebust, Psy.D., Educational Leadership and Mental Health Consultant (EQ Learn, LLC)
Room TBD	G4	<i>Mental Health Ambassadors: A Youth-Centered Approach to Support Mental Health.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Eric Pothen, MHFA Instructor, MMEd, Coaching and Learning Associate Director (MENTOR MN), Cante Nakanishi, LMFT (UMN PhD Student) & Briana Joseph (UMN Student) & Dr. Lindsey Weiler (PhD, UMN Associate Professor)
Room TBD	G5	<i>Infuse Mental Health Grant: Providing Evidence Based Culturally Responsive Services in Schools.</i> Audience: Clinical. Content Level: Basic.

		Presenters: Jessie Brown, Ph.D., LAC/LADC/LPC, Assistant Professor, Taryn Akgul, Assistant Professor & Lisa Stewart, Professor (MSUM)
Room TBD	G6	<i>Building a Healthy Masculine Identity through Clinical Intervention.</i> Audience: Clinical. Content Level: Intermediate. Presenter: Max Utterberg PhD, LPCC, School Based Therapist (Washburn Center for Children)
Room TBD	G7	<i>Addressing the Intersection: School Nurses Bridge Chronic Health Conditions and Mental Health in Students.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Leah Bancroft, MSN RN LSN NCSN, State School Nurse Consultant, Denise Herrmann, RN DNP CPNP FNASN & Heather Hedin, MSN RN LSN NCSN (Minnesota Department of Education)
Room TBD	G8	<i>Why Do We Do This Work? The Foundational Importance of Purpose and Meaning in This Work We Do.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Alan O'Malley-Laursen, Trainer/Consultant
9:30	9:45	Break
9:45	10:45	1-hour sessions
Room TBD	H1	<i>It Takes a Village: Free Tools and Resources to Support Student Mental Health.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Shannah Mulvihill, MA, CFRE, Executive Director/CEO (Mental Health Minnesota)
Room TBD	H2	<i>Primary Prevention: Uncovering the Good that Exists in Minnesota.</i> Audience: Clinical & Educator. Content Level: Basic. Presenter: Nicki Linsten-Lodge, Regional Prevention Coordinator-ATOD (Regional Prevention Coordinator)
Room TBD	H3	<i>Sembrando - Planting Seeds of Love, Cultura, & Wellness: A Culturally-Specific Latinx/e School Based Mental Health Program.</i> Audience: Clinical. Content Level: Basic. Presenters: Maria Rios, LICSW, Matt Sebald, LICSW & Anna Kay, LICSW (Amherst H. Wilder Foundation)
Room TBD	H4	<i>School Based Mental Health Partnerships: Collaboration is Key!</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Andrew Klopp, MSW, LICSW, Mental Health Coordinator (St. Paul Public Schools) & Stephanie Nelson, M.A., LMFT, MN Board Approved Clinical Supervisor Manager, School-Linked Mental Health programs in Ramsey County (DHS funded)
Room TBD	H5	<i>Building Student Resilience through the use of Peer Support and Ingenuity.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Amanda Burget, BSW, Student Resiliency Specialist (Rochester Public Schools, Mayo High School)
Room TBD	H6	<i>Canvas Health Day Treatment Centers within Two Different School Districts and Adding Another This Fall.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Jennifer O'Connor, Manager Child Day

		Treatment Services (Canvas Health) & Mollie Raab, Principal (ISD 622 Harmony Learning Center, Care and Treatment)
Room TBD	H7	<i>Where Neurodiversity and Anxiety Meet: Tools That Honor Executive Functioning Differences.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Jamie-Sue Peterson, MSW, LICSW, School Social Worker (Buffalo Hanover Montrose Schools) & Marah Walker, MSW, LICSW School-Based Therapist (Central Minnesota Mental Health Center)
Room TBD	H8	<i>Culturally-Responsive Recruitment and Retention.</i> Audience: Educator. Content Level: Basic. Presenter: Megan Lagasse, MSW, LICSW, Student Support Personnel Specialist (Minnesota Department of Education)
10:45	11:00	Break
11:00	12:00	1-hour sessions
Room TBD	I1	<i>What to do When We Can't Suspend?</i> Audience: Educator. Content Level: Intermediate. Presenter: Robyn Hjorth-Martin LICSW, District Intervention Social Worker with the Office of Conduct and Discipline (Anoka Hennepin School District ISD 11) and Mary Kling, Principal of Elementary Student Conduct (Anoka Hennepin School District)
Room TBD	I2	<i>Reducing Chronic Absenteeism with School-Based Wraparound Supports.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Jason Keppe, LMFT, Director of School Partnership (Seneca Family of Agencies) & Ms. Sarah Washington, Parent Advocate
Room TBD	I3	<i>Mindfulness Matters: Reducing Stress in Schools with MBSR.</i> Audience: Educator. Content Level: Basic. Presenter: Rachel A. Engstrom, Ed. D. (RED Rachel Engstrom Development)
Room TBD	I4	<i>Enhancing Student Outcomes: Complex Family Systems.</i> Audience: Clinical. Content Level: Intermediate. Presenters: Gregory Milbrath, LPCC & Emily Adrian, LICSW, School Based Therapist (Associated Clinic of Psychology)
Room TBD	I5	<i>Key Considerations for Equity-Driven and Trauma-Informed Social Emotional Behavioral Intervention.</i> Presenter: Megan Lagasse, MSW, LICSW, Student Support Personnel Specialist (Minnesota Department of Education)
Room TBD	I6	<i>It Starts With Us: Regulating Ourselves to Regulate Others.</i> Audience: Clinical & Educator. Content Level: Basic. Presenters: Steven Lutes, MSW, LICSW, MPP, Manager of School Based Services & Lauren Kelzenberg, MSW, LGSW, school-based therapist (Northeast Youth & Family Services)
Room TBD	I7	<i>Building Bridges: Enhancing Student Support through Collaborative Partnerships.</i> Audience: Clinical & Education. Content Level: Basic. Presenters: Emily M Anderson, MS, BCBA, Manager, Solutions Behavioral Health Professionals
Room TBD	I8	<i>Moving Forward: Understanding Trauma's Hidden Role in Students Return to In Person Learning.</i> Audience: Clinical and Educator. Content Level: Intermediate. Presenter: Raleigh Heath, MSW LGSW, School Based Therapist (Canvas Health)

12:00	1:00	Lunch
	1:00	Depart Cragun's