## Understanding the Positive Support Transition Plan – Answer Sheet

After reviewing a person's Positive Support Transition Plan, use this tool to check for understanding. Have direct support professionals fill in their responses independently, and then review answers with direct support professionals using the Fidelity Tool.

Questions	Direct support professional's response
What are the target behaviors? How do target behaviors interfere in the person's life?	
What are the person's triggers?	
How can you help the person cope with these triggers? How can you prevent these triggers?	
What does escalating look like for the person?	
How can you help the person return to calm?	
What does crisis look like for the person?	
What can you do when person is in crisis?	
What does it look like when the person is recovering?	
What are the Quality of Life Indicators in the plan? How can you support the person's Quality of Life?	

How can the supervisor help you use this plan?

What training would you like?

Do you have any questions?